



February 1, 2009 - Fourth Sunday of Ordinary Time

"Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation." Ps 95:1

† Servant Leader † IN THE NEWS THIS WEEK

I thought it might be helpful to share with you on two important situations in the life of the church this past week.

RUSSIAN ORTHODOX CHURCH ELECTS METROPOLITAN KIRILL AS NEW PATRIARCH

The new patriarch of the Russian Orthodox Church is Metropolitan Kirill of Smolensk. He was elected patriarch of Moscow Jan. 27 during a meeting of the church's local council, which is made up of more than 700 priests, monks and laypeople representing each diocese and foreign mission of the Russian Orthodox Church.

Patriarch-elect Kirill, was seen as the candidate most open to improving ecumenical relations, especially with the Catholic Church, although he often criticized papal actions taken to re-establish the work of the Roman Catholic Church in Russia.

The new leader of the Russian Orthodox Church, which claims more than 150 million members, has met three times with Pope Benedict XVI.

He held dozens of meetings with Cardinal Walter Kasper and his predecessors at the Pontifical Council for Promoting Christian Unity as well as with the cardinals and Catholic bishops from around the world.

On a visit to Pope Benedict some time ago, Metropolitan Kirill said that despite differences with the Vatican the two churches have permanent, "always-open channels of communication."

Even while tensions continued over matters of church jurisdiction, Metropolitan Kirill and other Orthodox leaders affirmed the needs for Catholics and Orthodox to work together to strengthen and defend traditional religious and moral value in Europe and around the world.

"The Catholic Church and the Russian Orthodox Church must work together to bring to light again the Christian roots of Europe," he told reporters during a May 2006 visit to Rome.

The new leader of the Russian Orthodox Church made optimistic comments about better ties with the Roman Catholic Church. Metropolitan Kirill has spoken about the need for warmer relations with the Roman Catholic Church. The Roman Catholic and Orthodox churches split nearly 1,000 years ago.

STATEMENT ON JEWISH/CATHOLIC RELATIONS IN LIGHT OF UNACCEPTABLE HOLOCAUST REMARKS

Pope Benedict XVI lifted the excommunication on the Society of St. Pius X bishops in an effort "to promote unity in the charity of the universal Church and to try to vanquish the scandal of division" and in response to those Bishops' plea.

The Vatican has stressed that lifting the excommunication is not an endorsement of the views of one of them, Bishop

Williamson on the Holocaust, and has repeated its firm commitment to Catholic-Jewish dialogue and to combating anti-Semitism. The pope's outreach to traditionalists should instead be seen, spokesperson said, as an "act of peace" intended to end the only formal schism in the wake of the Second Vatican Council (1962-65).

Removing the excommunication against the British bishop and the bishop's comments were two completely separate issues. By lifting the excommunication, the pope was removing an obstacle to the Vatican's dialogue with the society.

The remarks made by Bishop Williamson who denied that millions of Jews were murdered during World War II are unacceptable and in no way reflect the position of the Catholic Church. His statements are appalling.

"Scandal is a grave offense when...it deliberately leads others to sin gravely" (CCC 2326). Bishop Williamson has hurt the Christian communion and should repent publicly.

"Such gibberish is unacceptable," said German Cardinal Walter Kasper, president of the Pontifical Council for Promoting Christian Unity and the Pontifical Commission for Religious Relations.

"To deny the Holocaust is absolutely not the position of the Catholic Church," he said, adding that the bishop's remarks were "foolish."

The head of the Swiss-based society, Bishop Bernard Fellay, who apologized for the damage caused by Bishop Williamson's remarks said they in no way reflect the society's positions.

Jewish groups have rightly expressed shock about Bishop Williamson's comments saying that it "undermines the strong relationship between Catholics and Jews" and was "a most troubling setback." They see it as "a terrible message to Catholics around the world that there is room in the church for those who would undermine the church's teachings and who would foster disdain and contempt for other religions, particularly Judaism. It is a serious blow for Jewish-Vatican relations."

Vatican newspaper, L'Osservatore Romano, called Bishop Williamson's remarks "very serious and regrettable."

The paper underlined the church's teachings against anti-Semitism, which are clearly outlined in the declaration "Nostra Aetate." The Vatican says these teachings are "not debatable" within the Catholic Church.

The Swiss bishops condemned Bishop Williamson's comments and apologized to the Jewish community in Switzerland for the upsetting episode stating: "Those who know Benedict XVI and his positive attitude toward Judaism know that the indefensible ravings of Bishop Williamson will not be tolerated,"

Continued on next page...

**"THE FIRST SATURDAY OF FIVE CONSECUTIVE MONTHS"
DEVOTION AT HOLY FAMILY CATHOLIC CHURCH**

Devotion begins **NEXT SATURDAY, FEBRUARY 7**, and continues on March 7, April 4, May 2 and June 6.

The Five First Saturday History: On December 10, 1925, the Most Holy Virgin appeared to Sister Lucy (Spain), and by Her side, elevated on a luminous cloud, was the Child Jesus. The Blessed Mother showed Sister Lucy a Heart encircled by thorns.

Attend 8:30 a.m. Mass. On the 1st Saturday of each month, immediately after Mass, proceed to the Adoration Chapel for Reparation & Rosary (approximately 40 minutes, plus 15 minute quiet adoration meditating on the 15 Mysteries.) More information on the meaning of "The First Saturday of Five Consecutive Months" devotion will be provided at the event. If you have general questions, please call Dolores, at 910-9638.

† **Servant Leader** †

Continued from previous page...

Cardinal Angelo Bagnasco, head of the Italian bishops, expressed "displeasure over the unfounded and unjustified" comments made by Bishop Williamson.

Pope Benedict XVI has renewed his "full and unquestionable solidarity" with the world's Jews and condemned all ignorance, denial and downplaying of the brutal slaughter of millions of Jewish people during the Holocaust.

The Pope said he hoped "the memory of the Holocaust will persuade humanity to reflect on the unpredictable power of evil when it conquers the heart of man."

The Jews were "innocent victims of a blind racist and religious hatred," he said. The pope recalled his many visits to Auschwitz, calling it "one of the concentration camps in which millions of Jews were brutally slaughtered."

The Holocaust should be an important lesson for old and new generations, teaching them that "only the arduous path of listening and dialogue, love and forgiveness leads the world's peoples, cultures and religions to the hoped-for goal of fraternity and peace in truth," said the pope.

Sadly this has led the Chief Rabbinate of Israel to cancel a March 2-4 meeting in Rome with the Pontifical Commission for Religious Relations with the Jews.

We must hope the rabbinate will resume dialogue with the pontifical commission so that its concerns could be addressed with "further and deeper reflection."

I pray that Pope Benedict's remarks will be enough of a response to the expectation of those who have expressed doubt concerning the pope and the Catholic Church's position.

We need continued dialogue so that relations between the Jewish world and the Catholic Church can successfully grow, and I am convinced dialogue will continue.

It is essential we stand strong against this nonsense and support Pope Benedict XVI and the whole Church in condemning any form of anti-Semitism.

Stewardship
~ a way of life ~

18TH ANNIVERSARY

Feed the Needy, in January, celebrated 18 years of ministry to the people of Holy Family and Citrus Heights. We would like to thank the parish for their support and donations; especially during the Thanksgiving & Christmas seasons. Also for sharing the abundance of your gardens & orchards. We are truly blessed at Holy Family.

**DONATIONS NEEDED TO
ST. VINCENT DE PAUL SOCIETY THRIFT STORE:**

Many of our neighbors and friends have lost everything in this recession - the worst economic crisis since the Great Depression. With your help, they can begin to rebuild their lives, to turn a house, however humble, into a home for their families. We understand that you may also be struggling to cope with the pain of the downturn. Yet, I ask you to look around your home for some ordinary things that you no longer use but may ease the suffering of less fortunate neighbors. If you can spare any of the following items, cookware, utensils, plates, towels, linens, home decorations, sleeping bags, or anything else in good repair, please call 972-1212, to donate or simply drop them off at the St. Vincent de Paul Thrift Store, located at 2275 Watt Avenue (southwest side of Watt near Butano Drive).

WILLS

Please remember Holy Family in your will. For more information, see the Planned Giving link on the parish website: www.holyfamilych.org.

STEWARDSHIP - TREASURE	
GENERAL COLLECTION	
Weekly Goal	\$ 11,000.00
Dec 28	\$ 9,641.00
Jan 4	\$ 12,163.00
Jan 18	\$ 9,214.00
Jan 25	\$ 10,733.00
YEAR-TO-DATE	\$ 308,640.00
Goal-to-Date (30 Weeks)	\$ 330,000.00
% of Goal Collected	93.53 %
Annual Goal (52 Weeks)	\$ 572,000.00
SPECIAL COLLECTIONS	
Holy Family School	\$ 2,130.50
<p><i>Moses told the people, "The Lord will raise up for you a prophet like me from among your own kinsmen." God still provides among His people the gifts and talents necessary to continue the work of His Church. What gifts have you been given to share?</i></p>	

READINGS FOR THE WEEK

Mon: Presentation of the Lord:
Mal 3:1-4; Heb 2:14-18; Lk 2:22-40
Tue: Heb 12:1-4; Mk 5:21-43
Wed: Heb 12:4-7,11-15; Mk 6:1-6
Thu: St. Agatha: Heb 12:18-19,21-24; Mk 6:7-13
Fri: St. Paul Miki: Heb 13:1-8; Mk 6:14-29
Sat: Heb 13:15-17,20-21; Mk 6:30-34
Sun: Fifth Sunday in Ordinary Time
Jb 7:1-4,6-7; 1 Cor 9:16-19,22-23; Mk 1:29-39



QUESTION OF THE DAY

Children: Name some bad things that you want to pray that Jesus will take away from our world.

Youth: Jesus was able to free the man from the unclean spirit within him. What do you hope Jesus will free you from? What is happening in the world that needs Jesus' help?

Adults: What are the evils in today's world that you pray God will free us from?

MASS INTENTIONS

Mon: Chief Petty Officer Trevor C. Pashenee +
Elmer V. Chamberlain +
Thu: Mike Curran +; Flor Sandoval +
Fri: Cindy Sikorski +; Gene Jaime +
Sat: 8:30 am Mass Al Herkowski +
4:30 pm Mass Billy & Joyce Gray (50th Anniversary)
Sun: 7:30 am Mass Fides David +
9:00 am Mass Pro Populo



RIDE TO CHURCH NEEDED

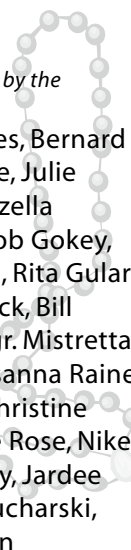
A Holy Family parishioner needs a ride to and from Holy Family Church for each Saturday Eve 4:30 Vigil Mass, and will help pay for gas. Please call Chris Hicks at 721-1441.

PRAYER CORNER

Please remember in your prayers:

(Names will appear for 2 months unless a call is received by the Parish Office to extend the time or to remove a name.)

Marion Amescua, Audrey Brown, Elisa Bulhoes, Bernard Burke, Elsie Correia, Darren Crose, Scott Crose, Julie Desrochers, Virginia Dulley, Betty France, Gazella Erickson, Henrietta Escovilla, Olivia Garcia, Bob Gokey, Robert Gonzaga, Carolyn Graham, Joe Grom, Rita Gularte, Jason Hayes Family, Irene Hertel, Michele Hock, Bill Keenan, Charlotte Maguire, Kim Malone, Msgr. Mistretta, Loretta Parsons, Nona Piha, Tom Poeschl, Rosanna Raines, Charlie Rasher, Michael Rath, Beate Regan, Christine Regan, Margaret and Bob Reynolds, Suzanne Rose, Nikelle Schafer, Katherine Schottgen, Theresa Shelley, Jardee Stanley, Jo Ster, Connie Sturdevant, Simon Sucharski, Xavier Thompson, Jovita Vargar, Sharel Wilson



www.holyfamilych.org



Holy Family School

HFS NEWS: Thank you to all of our parishioners and parents who supported Catholic Schools Week. We appreciate all that you do for us. As we look to next week this is what is happening: Friday, February 6, is a full day. We will have a guest speaker from Camp Pendola who will share information about the opportunities that children can have there during the summer months. Be sure to ask your children what they learned. Have a wonderful week.

REGISTRATION

Registration for the 2009-2010 school year is under way. Applications are available in the school office. Completed applications are now being accepted. Kindergarten applicants must be 5 years of age by September 1, 2009; however, if seats are available, we will consider those who turn 5 by December 1, 2009. It is our goal to have all completed applications in by February 16, 2009.

PUTTIN' ON THE RITZ - MONOPOLY AUCTION AT HOLY FAMILY SCHOOL



It's **ALMOST HERE**. MARK YOUR CALENDARS for March 7, 2009. If you have not joined us before, you don't want to miss out on this event! Puttin' on the Ritz auctions traditionally sell out. Invitations will be available in the Parish Office in late January with details.

The event consists of Live and Silent Auctions, a formal sit-down dinner, live entertainment and dancing until the nights end. So get ready to "Pass Go" and take a "Chance" with us as we fill our "Community Chest."

Want to know what's going on at Holy Family School? Just visit our web site at: www.ch-holyfamilyschool

HOLY FAMILY 4TH ANNUAL VALENTINE'S DINNER DANCE

No plans for Valentine's yet? Enjoy an evening with your Valentine at our 4th Annual Valentine Ball in the Community Center on Saturday, February 14. Enjoy dinner for two, all night fondue, dessert bar, dancing, and a photo of you and your Valentine – all for \$65 per couple. No waiting in crowded restaurants, and an evening filled with fun!

Take part in our best dressed contest; enter a raffle for a 3 day/2 night stay in South Lake Tahoe; enjoy raffles and dance instruction. Don't like to leave the kids at home? We'll provide onsite babysitting filled with activities and dinner for a \$10 per child donation.

Surprise your Valentine and bring them to this special event!

For tickets contact: English/Filipino: Vicky Alonzo - 761-5325, Elvie - 919-3378, Lu - 916 723-8480, or Angie Castillo - 218-9694; En Español : Clarita - 798-1459.

YOUTH & YOUNG ADULT MINISTRY

HIGH SCHOOL TEENS: No Youth Group this Sunday (Feb. 1st), but join us next Sunday (Feb. 8th) for the Youth Mass at 6 PM followed by a night on a "Series of Mystical Events" 7-8:30 PM in the Community Center.

LA CONGRESS AND SOCIAL TRIP: High School Teens, have you turned in your forms and deposit for the LA Congress Youth Day & Disneyland Trip?!? Forms and more info available on our site: www.hfyouthministry.blogspot.com and from the Youth Office (916-721-8329)

30 HOUR FAMINE: High School Teens, are you ready to fast for a great cause?!? We will be joining Holy Trinity Church in El Dorado Hills, as well as youth from all over northern California, for the 30 Hour Famine from February 20-21st...Check our blog for the answers to your questions like: "What do I do? Can we eat or drink anything? Where will we sleep?" Forms and more info are available on our site: www.hfyouthministry.blogspot.com and from the Youth Office, 721-8329.

EDGE MIDDLE SCHOOL: Join us Monday (Feb. 2nd), as we make NEW "Friends in High Places"...7-8:30 PM in the Youth Office.

TEEN DROP-IN: Teen Drop-In this Wednesday, stop by do your homework, test your Rocker skills, and hang out with your friends...3-7 PM in the Youth Office.

THE HFYM CAFÉ IS NOW OPEN! Stop by the Community Center Sundays after Mass for mochas, lattes, hot cocoa, and more and help support your parish Youth Ministry!

YOUNG ADULTS: No meeting this Thursday, cuz we're meeting Tuesday, February 3rd from 7-9 PM at the Leatherby's in Citrus Heights for the Scoop on Theology! Our guest speaker will be Fr. Jason Clark speaking on LOVE! More details & Spring Schedule available on our blog: www.holyfamilyam.blogspot.com

Today! PARISH BREAKFAST TODAY!

The Knights are serving breakfast this morning in St. Joseph Hall after the 7:30 and 9:00 am Masses.

BLOOD DRIVE - TODAY!

Today is our first blood drive of 2009! If you are able to donate whole blood, please come to our community center between 9:00 a.m. and 12:30 p.m. Your donation could actually save the life of a seriously ill child, mother, father, or grandparent. God bless you!

GET THE WORD!

The February Magnificat with the full text of readings for the Masses of the month is available in the Religious Articles Store. (We are sold out of Sunday Missals.)

COMMUNAL ANOINTING ON FIRST SATURDAY

Remember – Holy Family celebrates a communal Anointing of the sick on the first Saturday of each month at the 4:30 pm Mass. The next anointing is next weekend on Saturday, February 7.

Prayer Opportunities

WORLD APOSTOLATE OF FATIMA:

Pope Benedict XVI has elevated the World Apostolate of Fatima (The Blue Army), now officially associated with the Pontifical Council for the Laity in Rome. We are happy to offer these prayers here at Holy Family. All are welcome Mondays after the 8:30 am Mass in St. Mary Hall. For information, please call Phyllis, 725-0218 or Phyllis, 725-5358.

VOCATIONS CROSS

Each week a parish family is presented with the Vocations Cross to take home for the week and asked to pray daily for an increase in vocations to the priesthood and religious life. The next Sunday, the family returns the cross and another family is presented the cross to pray for vocations. If you are interested in taking the Vocation Cross home, please contact Young Stewart at 332-8732.

EUCCHARISTIC ADORATION:

Jesus stays with us day and night in the Blessed Sacrament, blessing us with the grace that encourages us, consoles us, strengthens us, guides us and inspires us to place our trust in Him. We stay with the Real Presence of Jesus in Eucharistic Adoration to be more personally involved with Him and to keep the Eucharist central in our lives. Spending time with Jesus in the Eucharist enables us to build a truly personal relationship with Him. Come into His presence in our beautiful chapel - He is looking forward to your visit!

BLESSED SACRAMENT CHAPEL VISITING HOURS:

Monday – Friday	9:00 am – 9:00 pm
Saturday	9:00 am – 3:30 pm
Sunday	1:30 pm – 5:00 pm



Also in the chapel: Each day at 9:00 am a community Rosary and Chaplet of Mercy are prayed, and at 3:00 pm the Chaplet of Mercy is prayed.



DOMINICAN LAITY AT HOLY FAMILY

The Dominican Laity meets at Holy Family on the first Saturday of each month in St. Mary Hall, 12:30–3:00 pm. Come join us in a way of life of prayer, both private and liturgical, the study of the sacred truth, the sharing of our spiritual life with others in the community, and in our apostolic outreach. For information call Phyllis Sale, 725-5358.

"Love to pray. Feel often during the day the need for prayer, and take trouble to pray. Prayer enlarges the heart until it is capable of containing God's gift of Himself. Ask and seek and your heart will grow big enough to receive Him"

Mother Theresa

HOLY FAMILY AT 60 - SHARE YOUR HISTORY

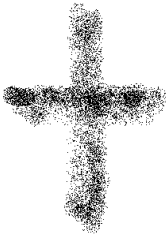
As this is the 60th Anniversary of our Holy Family Parish, it would be wonderful to have copies or originals of any documents, pictures or personal accounts on the history of Holy Family's origins, the beautiful Living Christ Statue, the Relic in the Altar or any other activity or item that you may wish to share in order to truly compile a comprehensive Holy Family History. Of particular interest are photos and personal stories pertaining to the building up of Holy Family Parish.

As time goes on, much of this history will be lost. Compiling and sustaining an archive of our history is of importance to honor our past and to present its memories to those in the future. We would like to augment the information already found on our website under Parish History at <http://holyfamilych.com/life/photos.htm>.

This can be a wonderful opportunity to reflect on the road we've traveled as a parish community and to pray for God's graces for this parish now and in the future.

PALMS FOR ASH WEDNESDAY:

The ashes used in Catholic Churches on Ash Wednesday come from burning the palms from the previous Palm Sunday. If you have kept your palms from last year, please bring them to the parish office for use in making ashes for our celebrations of Ash Wednesday which is Wednesday, February 25, 2009.



CATHOLICS RETURNING HOME

WINTER 2009 SESSION CONTINUES

Do you know someone who has left the Church? Most of us do not have to look very far to find non-practicing Catholics in our circle of family and friends. Here at Holy Family we have a special program to help non-practicing Catholics return to the Church called Catholics Returning Home. The current series continues **TOMORROW NIGHT**, Monday, February 2nd. We will meet on Mondays from 7:00 to 8:30 pm for a few more weeks. Please pass this information on to anyone who might be interested. For more information, please call Jim or Beth at 223-2648.



Catholic Faith Formation

ADULT CONFIRMATION

If you or someone you know has not completed their Sacraments of Initiation, Holy Family Parish will be offering Adult Confirmation classes beginning January 28th from 7:30-9:00 p.m. in the Faith Formation class room of the Community Center. Please contact Michelle Rose in the Faith Formation Office at 726-7217 for more information and to register.

SPECIAL EVENT:

MOTHER ANTONIA AT HOLY FAMILY TODAY!

Mother Antonia is here at Holy Family Church **TODAY**, Sunday, February 1 at 1:30 PM. Hear Mother Antonia, "The Prison Angel", speak about her life of service in a Mexican jail. Before she was known as Mother Antonia, Mary Clarke was a blond Beverly Hills socialite who had been married and divorced twice and raised seven children. She was 50 when she left suburban Los Angeles for La Mesa, Tijuana's prison.

FOCA POSTCARD DRIVE A SUCCESS!!

I wish to thank all of you at Holy Family who worked so hard to make the Postcard drive a success. Thank you to all the parishioners who responded, to the team for all your hard work and to those of you who donated stamps. We mailed out over 3,500 postcards to Washington D.C.

Go Holy Family...your voices will be heard and you can expect a response from your Representative and Senators.
Sally Fisher

PRO-LIFE MASS FIRST FRIDAY FEBRUARY 6TH

There will be a Pro-life Mass at Holy Family First Friday, February 6th at 8:30 AM. Recitation of the Pro-life Rosary will take place after the Mass in the Adoration Chapel. There are many issues of concern please stay after the Mass and pray with us to our Heavenly Mother for her intercession.

"For Catholics, public virtue is as important as private virtue in building up the common good. In the Catholic tradition, responsible citizenship is a virtue; participation in the political process is a moral obligation. Every believer is called to faithful citizenship, to become informed, active, and responsible participant in the political process." (Administrative Board, US Bishops, Faithful Citizenship)

"AUTISM SUNDAY" - THE INTERNATIONAL DAY OF PRAYER FOR AUTISM AND ASPERGER'S SYNDROME

This special event will take place on Sunday, February 8th. His Holiness Pope Benedict XVI has invoked God's blessings blessing on parents, care givers, children and adults with autism and Asperger's Syndrome.

On Autism Sunday, the Pope will be praying for the Autism Community, world Leaders are urged to speak up for Autism, and autism campaigners around the world are called to use Autism Sunday to lobby and campaign on the serious health and education issues.

Cathedrals, Churches and religious organizations will pray for over 60 million people with autism and Asperger's Syndrome around the world. All faith communities are urged to do more for the Autism Community particularly during the deepening global recession. Please join in this critical prayer effort!



AUTISM SUNDAY

NEWS FROM AROUND THE DIOCESE AND BEYOND...

WORLD MARRIAGE DAY - RENEWAL OF VOWS

Next Sunday, February 8, Bishop Jaime Soto will preside at the 11:00 am Mass at the Cathedral of the Blessed Sacrament in which married couples may renew their wedding vows of 10, 25 and 50 years. An informal reception for couples and their families will follow. Any couple interested in attending this special occasion is asked to register (names and anniversary year) with the Department of Evangelization & Catechesis at 733-0123.

RIB DINNER AND AUCTION

Friends of Pendola are sponsoring a Rib Dinner and Auction to benefit Camp Pendola. It will be held on February 21, 2009 at St. John the Baptist in Folsom. Tickets are on sale at the Pendola Center Office in the Pastoral Center, 2110 Broadway, Sacramento, CA 95818. The cost is \$30 for the dinner. Contact Kim at 733-0127 if you have questions.

HEALING OF GRIEF & LOSS - SATURDAY, MAY 16, 2009

This day is devoted to people dealing with grief and loss. It will address how grief affects us physically, emotionally, psychologically and spiritually. There will be time for prayer, guided meditation, ritual and sharing. FACILITATORS: Sr. Margaret Ann Walsh, RSM-a spiritual director and former chaplaincy director; and, Barbara Freuler, member of the "Ministry to the Bereaved" at St. Teresa Parish, Auburn. TIME: 9:15 am to 3:00pm. Suggested Donation: \$35.00. For more information, call Mercy Center Auburn at 530-887-2019.

BUS TRIP TO SILVER LEGACY, RENO:

The Roseville Knights of Columbus #4540 are sponsoring a Bus Trip to Silver Legacy, Reno on Sunday, February 22nd. The cost is \$28 per person-prepaid with approximately \$15 returned at the casino. Checks should be made payable to Knights of Columbus #4540. Please call Sue or Dave Mirtoni for reservations and details at 782-3242. Please contact me if you have any questions regarding the following activity notice.

NATURAL FAMILY PLANNING

What's new in Natural Family Planning may surprise you! Did you know that the Creighton Model/FertilityCare Services is part of a whole new branch of reproductive medicine called NaPro Technology? The same chart used by a woman to record her observations of the fertile phase within her menstrual cycle can also be used as a diagnostic tool by physicians trained in this discipline to identify and treat infertility and gynecological abnormalities. A safe, effective, and inexpensive form of family planning, it also assists women in monitoring, evaluating, and maintaining their health. Be a love for Valentine's Day and register for our next Introductory Session at Mercy Women's Center by calling 614-2200. The next class is scheduled for Thursday evening, February 5 at 7:30 pm.

ORGAN CONCERT AT ST. MATTHEW LUTHERAN

Dr. Roger Nyquist, an internationally recognized organist will perform a program of classical music at St. Matthew Lutheran Church on Sunday, February 8, 2009. In addition to an active concert career, Dr. Nyquist has recorded extensively and has more than 25 albums released. The concert will be held at St. Matthew Lutheran Church, 5901 Lonetree Blvd. in Rocklin, next to Lonetree Park, and will begin promptly at 3:00pm. The public is welcome and there is no admission charge. Seating is limited and we ask that attendees arrive early to ensure best seating. For directions and further information, please call 435-0330.

ALL NIGHT VIGIL FOR LIFE

There will be an All Night Vigil for Life on the 1st Friday, February 6th beginning with 7:30 pm Mass. Msgr. Kavanagh leads a Holy Hour of Reparation to the Sacred Heart of Jesus immediately following the Mass. The vigil ends on 1st Saturday, February 7th with Benediction at 7:30 am and Mass at 8:00 am. Following the 8:00 am Mass, the Sorrowful Mysteries of the Rosary and the Divine Mercy Chaplet will be prayed at the Women's Health Specialists-Abortion Clinic at 1750 Wright St. Come and pray for our Country and the end of abortion. Any questions call June at 967-9158.

ST. FRANCIS HIGH SCHOOL SPEAKERS SERIES

"A Healthy Start to a New Year: Cooking Healthy in 2009"

February 24th • 7:00 - 9:00 pm

SFHS Campus Life Center • 5900 Elvas Avenue, Sacramento
\$10 Per Person Proceeds help cover food costs
as well as benefit the SFHS Scholarship Fund.

Are you a Food Network junkie? Love those cooking shows? If you like to cook, try new recipes, or just eat, don't miss this fun evening of cooking demonstrations and food tastings! Our own Sacramento "celebrity chef," Nancy Harvey, author of The Savvy Celebrations Cookbook, will demonstrate the preparation of three healthy soups, which the audience will get to sample. If you plan to attend, please RSVP to Carrie H. archarik at charcharik@stfrancis.org or 737-5020.

CATHOLIC AIDS MINISTRY

BENEFIT CONCERT FOR THE NEEDY:

The 6th annual Irish American Ceili Dancers Concert: Sunday, Feb. 8, 2009: 3 PM, at St. Anthony Parish Hall, 660 Florin Rd., Sacramento. The concert will include Irish, Scottish and Romanian Dancers, Live Music and Vocal performances. Added this year - raffle for truly outstanding prizes. Suggested donation at the door: \$10; children free. Contact: Fr. John Healy at 456-7561 or Helen Healy at 444-8051.

FOR MORE NEWS FROM AROUND THE DIOCESE

The Catholic Herald