



February 10, 2008 - First Sunday of Lent

*"The Lord, your God, shall you worship and him alone shall you serve." Mt 4:10*

† Servant Leader †

## SIGN OF GRACE, SIGN OF GLORY

*This article was written by Bert Ghezzi. She is the author of numerous books, the most recent, "The Sign of the Cross: Recovering the Power of the Ancient Prayer"*

*As Catholics we often make the Sign of Cross casually, just as a nice gesture for beginning and ending our prayers. But when we learn to take this act seriously, signing ourselves frequently with faith and reverence, remarkable results can take place. We find ourselves doing measurable better in our Christian life: praying with more passion, resisting our bad inclinations more effectively, and relating to others more kindly. The Sign of the Cross, after all, is not merely a pious gesture, It is a powerful prayer, a sacramental of the Church.*

*Scripture, the Church Fathers and saints, and Catholic teaching offer six perspectives on the Sign of the Cross that reveal why making it opens us to life-transforming graces. Once we grasp them, we can make the gesture with more faith and experience its great blessings.*

### **Six Reasons to Make the Sign**

*1. A mini-creed: The Sign of the Cross is a profession of faith in God as He has revealed himself. It serves as an abbreviated form of the Apostles' Creed. Touching our forehead, breast and shoulders (and in some cultures, our lips as well), we declare our belief in the Father, Son and Holy Spirit. We are announcing our faith in what God has done - the creation of all things, the redemption of humanity from sin and death, and the establishment of the Church, which offers new life to all. When we sign ourselves we are making ourselves aware of God's presence and opening ourselves to his action in our lives. That much alone would be enough to transform us spiritually, wouldn't it? But there is much, much more.*

*2. A renewal of baptism. First - century Christians began making the Sign of the Cross as a reminder and renewal of what happened to them when they were baptized. It still works the same way for us. When we sign ourselves we are declaring that in baptism we died sacramentally with Christ on the cross and rose to a new life with Him (see Rom 6:3-4 and Gal 2:20). We are asking the Lord to renew in us those baptismal graces. We are also acknowledging that baptism joined us to the Body of Christ and equipped us for our role of collaborating with the Lord in His work of rescuing all people from sin and death.*

*3. A mark of discipleship. At baptism, the Lord claimed us as His own by making us with the Sign of the Cross. Now, when we sign ourselves, we are affirming our loyalty to Him. By tracing the cross on our bodies, we are denying that we*

*belong to ourselves and declaring that we belong to Him alone (see Lk. 9:23). The Church Fathers used the same word for the Sign of the Cross that the ancient world employed to indicate ownership. The same word named a shepherd's brand on his sheep, a general's tattoo on his soldiers, a householder's mark on his servants, and the Lord's mark on His disciples. Signing ourselves recognizes that we are Christ's sheep and can count on His care; His soldiers, commissioned to work with Him in advancing His kingdom on earth; and His servants, dedicated to doing whatever He tells us.*

*4. An acceptance of suffering. Jesus promised us that suffering would be a normal part of a disciple's life (see Lk 9:23-24). So when we mark our bodies with the sign, we are embracing whatever pain comes as a consequence of our faith in Christ. Making the sign is our taking up the cross and following Him (Lk 9:23). At the same time, however, it comforts us with the realization that Jesus, who endured the Crucifixion for us, now joins us in our suffering and supports us. Signing ourselves also announces another significant truth: with St. Paul, we are celebrating that our afflictions as members of the body of Christ contribute to the Lord's saving work of perfecting the Church in holiness (see Coll :24*

*5. A two-edged move against the devil. When the devil watched Jesus die on the cross, he mistakenly believed he had won a great victory. Instead, the Lord surprised him with an ignominious defeat (see 1 Cor 1 :24). From the first Easter morning through the present, the Sign of the Cross makes the devil cower and flee. On one level, then, making the sign is a defensive move, declaring our inviolability to the devil's influence. Gut, more importantly, the sign is also an offensive weapon, helping us reclaim with Christ all that Satan Lost at the cross. It announces our cooperation with Jesus in the indomitable advance of the kingdom of God against the kingdom of darkness.*

*6. A victory over the flesh. In the New Testament, the word flesh sums up all the evil inclinations of our old nature that persist in us even after we die with Christ in baptism (see Gal 5: 16-22). Making the Sign of the Cross expresses our decision to crucify these desires of the flesh and to live by the Spirit. Like tossing off a dirty shirt or blouse, making the sign indicates our stripping ourselves of our evil inclinations and clothing ourselves with the behaviors of Christ (see Col3:5-15). The Church Fathers taught that the Sign of the Cross diffused the force of powerful temptations such as anger and lust. So, no matter how strongly we are tempted, we can use the Sign of the Cross to activate our freedom in Christ and conquer even our besetting sins.*

Continued next page...

# Stewardship

~ a way of life ~

## **DIOCESAN FOOD BOWL LENT 2008**

Lent 2008 marks the 31st anniversary of the annual Diocesan Food Bowl. Each year this is a special effort by every parish of the diocese to do something during Lent in response to the needs of those in our midst who are hungry which is at the core of the gospel. Since its inception, the Food Bowl collection in the parishes has generated thousands of dollars of support for local parish and community emergency food ministries. Keep the Lenten disciplines of Prayer, Fasting, and Almsgiving by supporting the 31st Annual Food Bowl.

### **NEEDED: FOSTER & ADOPTIVE PARENTS**

St. Patrick's Foster Care & Adoption Agency, is looking for individuals & families that are interested in becoming a Foster Parent or adopting a child. Children of all ages and ethnicities are waiting to be adopted. For more information call 421-1620 ext. 230 and ask for Cynthia, Social Service Assistant.

### **ST. PATRICK'S HOME FOR CHILDREN CAR DONATION PROGRAM**

Your donation of a vehicle would be a huge help to our programs and is very easy to do. You simply call us and we will make all arrangements to get your vehicle handled as quickly as possible. Please call Roger Abbot at 428-1601.



## **ANNUAL CATHOLIC APPEAL THERE'S STILL TIME TO CONTRIBUTE**

The Annual Catholic Appeal is a wonderful way to help others. If for any reason you were unable to contribute last weekend, there's still time to help. Please consider offering a 9-month pledge this year, if you are able. Pledge envelopes are still available here at the parish. Envelopes can be dropped in the Sunday collection.

Our parish goal for the Appeal is to raise \$50,000 in donations and pledges, and we will keep the Appeal open for a limited time to work toward reaching this goal. As contributions and pledges come in, we will report them in the weekly stewardship figures. As you can see in this week's report, the initial response was very good and achieving our parish goal is in sight.

Remember, the Appeal not only enables local programs to serve others for another year, it also provides funds to our parish—25% of the funds from our parish are returned to us for our own ministries to people in need. Thank you for your continued generosity.

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### **Apply These Truths Now**

*Right now, you can imprint in your heart these six truths about the Sign of the Cross by making it six times, each time applying one of the perspectives.*

- *First, sign yourself professing your faith in God.*
- *Second, mark yourself remembering that you died with Christ in baptism.*
- *Third, make the sign to declare that you belong to Christ as His disciple and will obey Him.*
- *Forth, sign yourself to embrace whatever suffering comes and to celebrate your suffering with Christ for the Church.*
- *Fifth, make the Sign of the Cross as a defense against the devil and as an offensive advance of God's kingdom against him.*
- *Finally, make the sign to crucify your flesh and to put on Christ and His behaviors.*

*Go through these six signings often in your morning prayer and watch the grace flow through this ancient sacramental in the days to come.*

*"The Sign of the Cross makes kings of all those reborn in Christ." - Pope St. Leo the Great.*

## **STEWARDSHIP – TREASURE**

### **GENERAL COLLECTION**

<b>Weekly Goal</b>	\$	11,000.00
Jan 13 .....	\$	11,062.00
Jan 20 .....	\$	9,959.00
Jan 27 .....	\$	10,331.00
Feb 3 .....	\$	11,798.00
<b>YEAR-TO-DATE</b>	\$	<b>337,146.00</b>
Goal-to-Date (32 Weeks)	\$	352,000.00
% of Goal Collected		<b>95.78 %</b>
<b>Annual Goal</b>	\$	572,000.00

### **ANNUAL CATHOLIC APPEAL (See above)**

<b>Parish Goal</b>	\$	<b>50,000.00</b>
Collected and Pledged to Date	\$	33,041.00
% of Goal Collected and Pledged		<b>66.08 %</b>

### **SPECIAL COLLECTIONS**

Catholic Faith Formation .....	\$	2,398.50
Ash Wednesday (for the poor) .....	\$	3,587.50

*What temptations lure us from the path of discipleship? Possessions? Pride? Power? Oh Lord, create for us a clean heart and renew a steadfast spirit within us!*

*See Psalm 51*

### READINGS FOR THE WEEK

Mon: Lv 19:1-2, 11-18; Mt 25:31-46  
Tue: Is 55:10-11; Mt 6:7-15  
Wed: Jon 3:1-10; Lk 11:29-32  
Thu: Est C:12, 14-16, 23-25; Mt 7:7-12  
Fri: Ez 18:21-28; Mt 5:20-26  
Sat: Dt 26:16-19; Mt 5:43-48  
Sun: Second Sunday of Lent:  
Gn 12:1-4a; 2 Tm 1:8b-10; Mt 17:1-9

### Questions of the Week:

Children: What do you plan to do during Lent this year to show you want to grow closer to Jesus?

Youth: Jesus was tempted by the devil. How are you tempted and how do you resist temptations?

Adults: What prevents you from be alone with God? Busy-ness? The demands of life? TV? The internet?

### MASS INTENTIONS

Mon: Stephen Vidrine –Int.; Kivito Akali Family –Int.  
Tue: Stephen Vidrine –Int.; Kivito Akali Family –Int.  
Wed: Stephen Vidrine –Int.; Kivito Akali Family –Int.  
Thu: Tony Zemba –Int.; Kivito Akali Family –Int.  
Joan Lewis +  
Fri: Kivito Akali Family –Int.; Sophie Jedrysek –Int.  
Sat: 4:30 pm Mass Philip Westmark –Int.  
Sun: 7:30 am Mass Maria Mendoza +  
Jerry Lambirth +  
9:00 am Mass Lianne Avila –Int.; Dennis Reitz +  
Aurelia & Inocencio Fernandez +  
Paul Biddle +  
12:30 am Mass Pro Populo

### PRAYER CORNER

Please remember in your prayers:  
Richard Blanco, Elisa Bulhoes, Bernard Burke, Bob Cleveland, Marie Crane, Darren Crose, Julie Desrochers, Virginia Dulle, Olivia Garcia, Frank Gaul, Ralph Gingrich, Bob Gokey, Robert Gonzaga, Timothy Goodwin, Jason Hayes, Stanley Hayes, Michele Hock, Kathleen Johnson, Phyllis Johnson, Bill Keenan, Jonnie Kuennen, Karen Lewis, Donald Maguire, Kim Malone, Earl Mattingly, Joan McShane, Rigoberto Mendoza, Jenine Michilena, Msgr. Mistretta, Xochitl Montano, Mariah Morris, Jason Murphy, Elliott Jerome Neal, Andy Ngo, Scott Ngo, Cora Orzol, LeeAnn Parrott, Maryanne Pelzel, Gilbert Perron, Steve Phelps, Jennifer Pinnow, Tom Poeschl, Sr. Mary Porter, Christine Regan, Raymond Remick, Suzanne Rose, Nikelle Schafer, Katherine Schottgen, Diane & Mike Smith, Marylyn Smith, Lisa Stamps, Jardee Stanley, Jo Ster, Laura & Paul Studer, Simon Sucharski, Clement Sweeney, Maureena Sutton, Elise Taylor, I. Thompson, Larry Thompson, X. Thompson, Jovita Vargar, Jean Villanueva, Mike Walker, Emily Walsh, Marvin Webster, Robert Westbrook, Sharel Wilson

**WOMEN'S WEEKEND RETREAT:** It's almost time for our annual women's retreat weekend. Sign up now for the weekend of Feb 29-Mar 2, 2008 at Christ the King Passionist Retreat Center. For reservations call Chyrl Marquez at 723-1468 or Barbie Meistas at 725-5973 or the Retreat Center at (916) 725-4720.



*Holy Family School*

**Holy Family School** athletes in grades 5-6-7-8 are finishing their basketball season with admirable records compiled by each of the nine teams which the school fields. Students from all four grades have the opportunity to play on the Parochial Athletic League's competitive teams or recreational/learning league squads. When basketball season concludes at the end of this month, students will gear up for Spring Sports, which include Golf, Bowling, and Track and Field! The Holy Family Sports Program, which the school's Athletic Director Mrs. Barbara Marsolais implements, provides opportunities for all students in grades four through eight to participate in a variety of team sports at multiple skills levels.

## YOUTH MINISTRY

### YOUTH MINISTRY UPDATE

Holy Family Youth Ministry is taking a little break to build a leadership team and prepare to go bigger and better this Spring! Starting in March we will have weekly programs and events geared towards Middle School and High School Teens. Check the bulletin each week for updates...

### IT TAKES US ALL...

The Young People of Holy Family Parish need You! The Youth Ministry is expanding to offer weekly programs to middle school, youth, high school youth, and young adults. We are looking for Young Adults and Adults who are willing to serve out their baptismal call with the young Church.

We often think of Youth Ministry as a few people who work directly with the youth each week...and that is a part of it...but we also need people with gifts and talents like yours (cooking, baking, fundraising, driving, chaperoning events) to be a part of the support system for the ministry to the youth of the parish. Find out more about the joys and opportunities that await you in Youth Ministry! Contact Victor Alvarez at the Youth Office, 721-8329.

## STATIONS of the CROSS A BILINGUAL CELEBRATION

**THIS WEEK —  
FRIDAY, FEBRUARY 15, 6:00 PM  
FOLLOWED BY SOUP & BREAD MEAL**

**On the remaining Fridays of Lent,  
Stations of the Cross will be celebrated at 7:00 pm.**

**Look for more details of this holy season  
in next week's bulletin.**

# Prayer Opportunities

## **WATTSON-KIDDER LECTURE SERIES - ECUMENISM**

The Holy Father encourages the entire Church to pray for the unity of all Christian faiths. Christ prayed, "That they all may be one." On February 26, 2008, the North State Ecumenical Conference will sponsor the Paul Wattson-Marie Kidder Lecture Series, featuring a talk on ecumenism by Father James Puglisi, Minister General of the Franciscan Friars of the Atonement, and Director of the Center for Unity in Rome. Fr. Puglisi's presentation will be at 7:00 pm on Tuesday, February 26, 2008, at Jesuit High School. All parishioners are invited and encouraged to attend. For more information, please call the Diocesan Office of Ecumenical and Interreligious Affairs, 733-0253; or email John Gisla at: jfgisla@surewest.net.

## **PARISH BREAKFAST NEXT SUNDAY:**

The Hispanic Ministry is serving Breakfast on Sunday Feb 17 after all morning masses, we are having eggs, bacon & beans and tacos de carne asada.

## **CALLING ALL PYXES**

All of the pyxes for communion to the sick that belong to the parish are out. If you have one which you are no longer using, it would be greatly appreciated if you would return it to the sacristy so that others may make use of it, as well.

## **DUPLEX SOUGHT NEAR HOLY FAMILY**

Three reliable adults are in need of renting a duplex in the Citrus Heights area, preferably near Holy Family. If you can help or know of someone who can help, please call Nora Martinez at 721-1176.

## **SPRING - LENTEN 2008 "40 DAYS FOR LIFE"**

It's official--we have been given the go ahead by Bishop Weigand. Sacramento is registered for the Spring (Lenten) "40 Days for Life," February 6th (Ash Wednesday) through March 16th. All churches are invited to participate.

Spend some of your Lenten fasting, penance and prayer time in front of a clinic. Pray to end the scourge of abortion and speak out for the unborn baby who has no voice. Those who participated last year truly felt God's graces.

Please call Sally Fisher at 780-5305.

## **ATTENTION CURSILLISTAS FOURTH DAY:**

Fourth Day will be held on Monday, February 11, 2008 at 7:30 p.m. in the back room of the Parish Office. Prior to the meeting, if you desire, we will meet in the Chapel for Adoration at 7:00 p.m. For more information, please call Young Stewart at (916) 332-8732.

## **ADULT CONFIRMATION**

If you or someone you know has not completed their Sacraments of Initiation, Holy Family Parish Adult Confirmation classes began January 31st from and continue on Thursdays from 7:30-9:00 p.m. in the Faith Formation class room of the Community Center. Please contact Becky in the Faith Formation Office at 726-7217 for more information and to register.

## **WORLD APOSTOLATE OF FATIMA:**

Pope Benedict XVI has elevated the World Apostolate of Fatima (The Blue Army.) It is now officially associated with the Pontifical Council for the Laity in Rome. We are happy to offer these prayers here at Holy Family. All are welcome to join us Mondays after the 8:30 am Mass in St. Mary Hall. For information, please call Phyllis, 725-0218 or Phyllis, 725-5358.

## **VOCATIONS CROSS**

Each week a parish family is presented with the Vocations Cross to take home for the week and asked to pray daily for an increase in vocations to the priesthood and religious life. The next Sunday, the family returns the cross and another family is presented the cross to pray for vocations. If you are interested in taking the Vocation Cross home, please contact Young Stewart at 332-8732.

## **EUCCHARISTIC ADORATION:**

Jesus stays with us day and night in the Blessed Sacrament, blessing us with the grace that encourages us, consoles us, strengthens us, guides us and inspires us to place our trust in Him. We stay with the Real Presence of Jesus in Eucharistic Adoration to be more personally involved with Him and to keep the Eucharist central in our lives. Spending time with Jesus in the Eucharist enables us to build a truly personal relationship with Him. Come into His presence in our beautiful chapel - He is looking forward to your visit!

## **BLESSED SACRAMENT CHAPEL VISITING HOURS:**

Monday - Friday	9:00 am - 9:00 pm
Saturday	9:00 am - 3:30 pm
Sunday	1:30 pm - 5:00 pm

Also in the chapel: Each day at 9:00 am a community Rosary and Chaplet of Mercy are prayed, and at 3:00 pm the Chaplet of Mercy is prayed.

## **DOMINICAN LAITY AT HOLY FAMILY**

The Dominican Laity meets here at Holy Family on the first Sunday of every month in St. Mary Hall from 1-3 pm. Come and join us in a way of life of prayer, both private and liturgical, the study of the sacred truth, the sharing of our spiritual life with others in the community, and in our apostolic outreach. For further information call Phyllis Sale at 725-5358.

## **PRAYER AND LIFE WORKSHOP**

Learn to establish a closer relationship with the Lord. In this 15 week Workshop you will learn different methods of prayer, different ways of speaking with the Lord. In the process you will become more Christ-like: You will become more loving, more forgiving, more humble. The Workshop is held on Wednesday evening 7-9 PM in the School Math Room. For more information call Irene Cervantes, 972-8585.

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## DIOCESE OF SACRAMENTO – 2008 LENTEN REGULATIONS AND ADMONITIONS

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Another Lenten journey of further conversion will begin on Ash Wednesday, February 6. Lent prepares the faithful to celebrate the Paschal Mystery of Christ's suffering, death and resurrection. It is a time for reflection and spiritual renewal, a time to examine one's relationships with God and with others. The Church also calls Catholics to a spirit of penance, above all to a practice of the "Acts of Religion": fasting, prayer, and almsgiving, "which express conversion in relation to oneself, to God, and to others." (CCC, #s 1969, 1434)

**I. FAST AND ABSTINENCE (self-denial).** To foster a spirit of penance and of reparation for sin, to encourage self-denial, and to guide us in the footsteps of Jesus, Church law requires the observance of fast and abstinence (CIC, 1249-1253).

1. **Abstinence:** *All persons who have already celebrated their 14th birthday, are bound to abstain from meat on Ash Wednesday and all Fridays of Lent, except Friday March 14, the solemnity of St. Patrick, Co-patron of the Diocese.*
2. **Fasting:** *Everyone, from the celebration of their 18th birthday to their 59th birthday, is bound to fast on Ash Wednesday and Good Friday.* Voluntary fasting on other weekdays of Lent, especially on Wednesdays and Fridays, is highly recommended. Fasting is generally understood to mean eating one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Other forms of "fasting," especially regarding alcoholic drink, needless television, video games, internet use, and social entertainment, is of true spiritual value and is strongly encouraged. When health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one's parish priest or confessor may be consulted. Airport workers, travelers, and others while on board ships or airplanes are dispensed from the laws of fast and abstinence for the duration of their journey (except on Good Friday). It is desirable that they perform some other pious act instead.

**II. PRAYER.** In order to deepen one's love for Christ, Catholics are urged to read and pray over Sacred Scripture; to study the Catechism of the Catholic Church; to participate in devotions offered by the parish; and to pray more fervently - individually, as families, and in common with others. The faithful are exhorted to pray the Rosary, to make private visits to the Blessed Sacrament, and to pray, especially, for vocations to the priesthood and the religious life, for world peace, and for an ongoing implementation of the pastoral initiatives of the Third Diocesan Synod.

1. **Sacrament of Penance and Reconciliation:** Lent is a privileged time for celebrating this sacrament. Parishes generally make readily available the Sacrament of Penance, including its communal celebration. (In this way, the social and ecclesial aspects of sin and reconciliation, as well as one's personal reconciliation with God may be underscored. At communal celebrations of reconciliation, however, general absolution is not permitted by the law of the Church.) People should attend also to reconciliation in every aspect of human life - personal, familial, societal, and ecclesial.
2. **Lenten Mass Schedule:** Daily Masses during Lent are so scheduled so as to facilitate the attendance and spiritual growth of the faithful. The faithful are urged to attend Mass on weekdays as often as possible.

3. **The Stations of the Cross** are celebrated publicly in each parish on Fridays during the Lenten season. Parishioners are urged to participate.
4. **Benediction of the Blessed Sacrament** is always highly encouraged but during Lent each parish is asked to schedule Solemn Exposition of the Blessed Sacrament and the faithful are encouraged to take part.
5. **Wednesday, March 12** is a special diocesan day of penance and prayer: "day of penance for negative attitudes and discrimination toward people of differing cultures, ethnicity and race; and prayer for unity in our diversity, for equality, mutual respect and peace among all peoples," (Diocesan Statute #123, §123,c.)
6. **Wedding Masses** may not be celebrated during the Easter Triduum, on Sundays of Lent, Ash Wednesday, or during Holy Week. Marriages may take place at other times during Lent according to the proper liturgical norms and provisions, but it is contrary to the penitential spirit of the season to have elaborate weddings or lavish receptions.
7. **Funeral Masses** may not be celebrated on Holy Thursday, Good Friday, and Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, a Liturgy of the Word, with the final commendation and farewell rite, is held.
8. **Mass may not be offered on Holy Saturday**, March 22, except the Easter Vigil, which may be celebrated only after nightfall, in darkness. This year, the Easter Vigil Mass should not begin before 8:00 PM.
9. **Easter Duty:** All Catholics who have been initiated into the Holy Eucharist are bound to receive Holy Communion worthily at least once during the Easter Season: Easter Sunday, March 23, through Pentecost, May 11. (In the United States, the Easter Duty may be fulfilled up through Trinity Sunday, May 18.) Catholics are encouraged to receive Communion as often as possible, not only during Eastertide, but throughout the liturgical year. However, "Anyone conscious of a grave sin must receive the Sacrament of Reconciliation before coming to communion." (CCC # 1385)

**III. ALMSGIVING.** The act of giving to the poor, in the most ancient tradition of the Church, is an expression of penance, a form of piety, a witness of fraternal charity and an expression of Lenten conversion. Therefore, all Catholics are urged to support generously the charitable works of the Church, including ordinary stewardship to their parish; generous response to the 18th Annual Catholic Appeal; pledge redemption to the Preserving Our Past, Building Our Future campaign; and contribution to the Diocesan Food Bowl. People are also encouraged to assist the sick, the aged, the needy, the immigrant, and the imprisoned in other ways.

**In our Lenten pilgrimage of faith** and ascent to the holy mountain of Easter, may God direct our steps to himself, and show us how to walk always in his way.

William K. Weigand  
Bishop of Sacramento

Jaime Soto  
Coadjutor of Sacramento

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# NEWS FROM AROUND THE DIOCESE AND BEYOND

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## **SACRAMENTO CURSILLO MEN'S WEEKEND PLANNED**

Do you want to enrich your faith? If so, you may want to consider attending the Sacramento Cursillo Men's Weekend, taking place March 27-30, 2008. Cursillo is a short course in Christianity. There are talks, discussions, fellowship, sharing, singing, laughter, and prayer. For those with children in Catholic High Schools, Cursillo is the "adult version" of Kairos. The weekend will take place at Our Lady of the Oaks Retreat Center in Applegate, CA. For more information, please visit [www.sacramentocursillo.org](http://www.sacramentocursillo.org) or contact Wendy Raemaeker at 972-1794 or Young Stewart at 332-8732.

## **ROSEVILLE KNIGHTS COUNCIL TURNS 50**

Knights of Columbus Fr. Greely Council 4540 of St. Rose Parish will celebrate its 50th Anniversary on Saturday, February 16 with a Mass at 5:30 followed by Cocktail Hour and Dinner. All Knights, especially those with ties to this Council are invited to attend. Tickets are \$25 per person and can be obtained from Grand Knight Gene Rexford at 408-1459 or event chairman John Huwe at 721-3488.

## **BUS TRIP TO CAL NEVA, RENO**

The Roseville Knights Of Columbus #4540 are sponsoring a Bus Trip to Cal Neva, Reno on Sunday, February 24th. The cost is \$28 with approximately \$15 returned at the casino. Checks should be made payable to Knights Of Columbus #4540. Please call Sue or Dave Mirtoni for reservations and details at 782-3242.

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## **20TH ANNIVERSARY OF ST. MEL'S ADORATION CHAPEL**

In commemoration of the 20th Anniversary of St. Mel's Eucharistic Adoration Chapel, the parish will hold a Holy Hour that will consist of Adoration, a solemn candlelight procession and Benediction on Monday, February 11 from 6:30 to 7:30 pm. There will be a reception in the parish hall following this event.

## **MASS FOR SINGLE ADULTS**

The Single Adult Ministry of the Diocese of Sacramento (S.A.M.), invites adult singles to a Mass at 5:00 p.m. on Saturday, March 29, 2008, to be hosted at Our Lady of Lourdes Catholic Church, 1951 North Avenue, Sacramento. Mass will be followed by a potluck dinner with a special appearance and talk by Bishop Jaime Soto at 6:15pm in the Parish Hall. Please bring a potluck dish to share. Contact MaryLee Barcena at 419-9845 or e-mail MaryLee at [mbarcena@earthlink.net](mailto:mbarcena@earthlink.net).

## **FIESTA IN LOOMIS**

Mount St. Joseph Seminary in Loomis will host LA FIESTA DE LA FAMILIA, Saturday, March 1, 2008. Adults \$10 Children 6-12 \$5.00. Vigil Mass at 4pm followed by an authentic Mexican Buffet Dinner, children's games including 3 piñatas, raffle and more. Call Betty Scheuerman for more information 624-7173, or for tickets, call Fr. Phil at the seminary 652-6336 ext 3. Mt. St. Joseph Seminary is located at 6530 Wells Avenue in Loomis.

## **IRISH MUSIC-DANCING-COMEDY**

Irish Concert: with Tony Kenny and Company, comedian Richie Hayes, the Dublin City Dancers, and singer/dancer Victoria Kenny. Performance on Saturday, February 23rd at 7:00 pm in Msgr. Kavanagh Community Center, 5905 Franklin Blvd., Sacramento 95824. Tickets are \$25/person and are available at St. Rose rectory, by calling 421-1414, or at the door. Sponsored by St. Rose/St. Patrick.

## **REDISCOVER THE ONE YOU LOVE!**

Re-examine your married lifestyle and your priorities and rediscover the newly-weds you once were by attending a Worldwide Marriage Encounter Weekend. Upcoming weekends: Feb 15-17, and April 18-20, Sacramento, and April 11-13, Reno. Call Raul & Gayla Ponce, 866-825-2046, Email: [srsregistrar@comcast.net](mailto:srsregistrar@comcast.net).

## **WEST COAST PREMIERE**

Allen Organ's Elite Opus IV will be presented in an Open House/Open Console on Tuesday, February 5, 2008 at St. Mary's Church, 1333 58th Street. The Open House begins at 7:30 PM. The Opus IV is a faithful re-creation of a two-manual Arp Schnitger organ using samples taken from one of his most famous organs that dated from 1693. It has been confirmed that this organ was one that J. S. Bach knew well and was one of his favorite instruments. Come prepared to listen to religious music of J. S. Bach presented on an instrument that is a faithful recreation of that time period.

## **HEALING AFTER ABORTION RETREAT APRIL 11-13**

Struggling after an abortion? Still seeking peace years after the choice? Come to a Rachel's Vineyard Retreat, April 11-13 in Auburn, sponsored by the Diocese of Sacramento. The weekend retreat is a unique and effective process designed specifically to help you experience the mercy and compassion of God. There are many exercises to help you grieve your loss and an opportunity to understand and release the deep feelings of anger, shame, guilt and grief that frequently accompany an abortion experience. This process is extremely helpful for those who struggle with forgiving themselves or others. Open to women, men, couples and family members touched by abortion. The cost is \$175. Financial assistance is available. For a registration packet or more information, call Debbie @ (916)733-0161 or send email to [dkanderson@diocese-sacramento.org](mailto:dkanderson@diocese-sacramento.org). Inquiries and participation are strictly confidential.

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