



† Servant Leader †

## HOW TO CELEBRATE MASS AS A CATHOLIC

### **THE GOOD OLD DAYS**

*There was a time when Sunday was a special day. People went to church on Sunday morning. The afternoon was a great time for a good book, a visit to friends and neighbors, or a little nap. Families gathered for Sunday dinner. Children played with their cousins. Stores, banks, businesses, schools, and libraries were closed. It was unthinkable to do laundry or housecleaning. Sunday was the Lord's Day. It was a special day, a day of celebration, a day of rest.*

### **TIMES HAVE CHANGED**

*Nowadays, Sunday seems like just another day. Parking lots at supermarkets and shopping malls are packed with cars. According to the Bureau of Labor Statistics, more than one-third of us work on Sunday. Too few families have time for family dinners or playing with cousins. It seems like fewer Catholics than ever see Sunday as a reason for celebration or for rest.*

### **WHAT HAPPENED?**

*We live in a world economy that operates 24 hours a day and 7 days a week. Parents juggle work demands in addition to the busy schedules of children involved in school, sports, scouts, music, and other activities. Sunday has become another day for catching up on errands and chores.*

*But we have to ask ourselves if this is a good thing. What implications does our round-the-clock world have on our physical, mental, emotional, and spiritual well-being?*

### **THE NEED FOR BALANCE**

*Experts agree that it is important to balance activity with rest. Physical, mental, and emotional strain depletes your energy and produces feelings of tension and fatigue. Rest gives your body a chance to replenish itself.*

*But there's a spiritual component involved, too. Pope Benedict XVI warns: "The men and women in our technical age risk becoming victims of their own intellectual and technical achievements, ending up in spiritual barrenness and emptiness of heart."*

*Consider the old story about African tribesmen who had to carry goods from one village to another village. On the first day, they traveled faster and farther than expected. The next morning, they refused to move. They insisted that they had gone too quickly the first day, and they had to wait for their souls to catch up with them.*

*When we observe Sunday as a day of rest, it offers us physical renewal, but it also gives our souls a chance to catch up with our busy lives. Sunday offers us the opportunity to reflect on the spiritual side of our existence, to appreciate our blessings, and to draw closer to God.*

### **TIME FOR GOD**

*When we set aside time for God, we begin to see everything from a different perspective. Our lives no longer spin out of control, because we know in the depths of our being that God is in charge. We can let go of our own agendas. We can look forward to Sunday as a holy day because we begin to see that, ultimately, everything rests with God.*

### **HOW TO MAKE SUNDAY HOLY**

*If you are going to reclaim the Lord's Day, you have to make it a priority. Imagine what your Sunday would be like if you and your family decided to "Keep Sunday Holy."*

- *What kinds of things would you do?*
- *What kinds of things would you refrain from doing?*
- *Are there any new traditions you might start?*
- *Are there any old family traditions that you might resurrect?*

*The best advice for modern-day Catholics who want to reclaim Sunday as a day of rest is to start slowly. Remember, there are no mechanisms in today's society to support your decision to make Sunday a holy day.*

*Think of one thing that you will stop doing on Sunday and replace that one thing with something spiritual or restful that puts God into your Sunday in a special way. Once this becomes a normal part of your Sunday, drop something else and replace it with another new activity that will help you to make Sunday holy.*

### **GETTING STARTED**

*If you haven't been going to Mass every Sunday, this is the best place to start. Make the commitment to attend Mass every week to hear God's words in the Scripture and be nourished by the Eucharist. When you plan how you will spend your time, you prioritize by putting the most important items first and building around them.*

*Another possibility is to make a conscious effort to try to take care of shopping or household needs during the week or on Saturday. That doesn't mean you can't run to the store on Sunday if you're out of milk or need a prescription refill. It means that you're making an effort to restrict your activities on Sundays.*

*How you find rest and holiness on Sunday will depend on what you do during the week. If you are sedentary most of the week, an outdoor adventure on Sunday will give you a chance to appreciate God's creation. If you are engaged in physical labor during the week, Sunday can be a quiet day to restore yourself. If you're with people all week, you might build some solitude into your Sunday. If you don't get a*

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## HOW TO CELEBRATE MASS AS A CATHOLIC

(Servant Leader, continued)

*chance to see family members as often as you'd like during your workweek, Sunday could become your family day.*

### BE REALISTIC

*Keeping Sundays holy does not mean that you become a watchdog over yourself or other people. Jesus reminded us that "The Sabbath was made for man, not man for the Sabbath" (Mk.2:27).*

*If your job requires that you work on Sunday, you don't have to quit. Instead, try to incorporate the holiness of the day into whatever you do. Try to set aside some time during the day to reflect on God.*

*If your family members are sports fans, turning off the television set or refusing tickets to a game would only create resentment and could have the opposite effect of turning people away from God. The key is to look at sports as a form of rest and recreation which allows you to appreciate God's gift of athletic ability.*

*If you're invited to the theater or some special performance on Sunday, it's not wrong to go. Be grateful to God and enjoy yourself.*

### — A HOLY DAY OF REST —

*In the story of creation, God rested on the seventh day - not because he was tired, but because he wanted to give us an example of how to live. He gave us dominion over everything he created, and then, showed us that work is not an end in itself. He created a day of rest. "God blessed the seventh day and made it holy because on it he rested from all the work he had done in creation" (Gen. 2:3).*

*When God gave Moses the Ten Commandments, he reminded us "to keep holy the Sabbath day. Six days you may labor and do all your work, but the seventh day is the Sabbath of the lord, your God" (Ex. 20:8-9).*

*Jesus observed the Sabbath, but after his death, the early Christians moved their observance from Saturday to Sunday for two reasons: Sunday was the day Jesus rose from the dead, and it was also the day that the Holy Spirit descended upon the apostles gathered in the upper room.*

*By the beginning of the second century, keeping Sunday holy became obligatory. Members of the early Church would gather on Sunday to break bread in memory of the death and resurrection of Jesus (Acts 20:7; 1 Cor. 16:2). They called it "The Lord's Day," and their observance of Sunday cost many of the early martyrs their lives.*

*In the year AD 321, the newly-converted Emperor Constantine declared Sunday the Christian Sabbath and made it an official day of rest throughout the Roman Empire. Work was prohibited. Christians were required to attend Mass. After the fall of the empire, the Church continued to stress the importance of observing the Lord's Day.*

*Over the centuries, "Blue laws," which enforced the observance of Sunday as a holy day, were enacted. Today, many of these laws have been repealed as society has become increasingly secular. But God's command to keep holy the Lord's Day remains.*

# Stewardship

~ a way of life ~

### END-OF-THE-YEAR CONTRIBUTIONS

Giving at Christmas and at Year's End is not only a Catholic tradition, but a special way to commemorate the Greatest Gift - God's gift of His only Son, Jesus. This time of year gives us more than a financial opportunity, but a spiritual opportunity to be good stewards of the many gifts bestowed on us this year. See next week's bulletin for more information, or visit the parish website at [www.holyfamilych.org](http://www.holyfamilych.org). On the home page there is a link to more detailed information on planned giving.

### FOOD DONATIONS FOR THE NEEDY

Please share the Lord's blessings with our less fortunate brothers and sisters. In keeping with years past we will place baskets around the altar during Thanksgiving Week. (Please do not drop donations off at the Parish Office.) Items needed are as follows: tuna, peanut butter, jam or jelly, rice, pasta, canned fruit, and cereal. The Lord bless you for your kindness, generosity and continuing support in the work of our Society.

### ADOPT A FAMILY FOR CHRISTMAS

Catholic Charities of Sacramento is seeking individuals or families interested in 'adopting' a local family in need for Christmas. Donors are asked to provide gifts as well as a grocery store gift card. Please call the Catholic Charities office at 733-0253 for more information. Thank you.

### WINTER IS ON ITS WAY - HELP IS NEEDED

As we approach winter, we recognize an increased need for warm jackets and sweatshirts, socks, gloves, hats, blankets and other protection from the cold for the homeless. Since the cold weather will be upon us soon we would like to appeal to you for any gently used items (in adult sizes only) that will help. Collection will continue throughout the winter. Please leave any items you can contribute at any of the church doors for pick-up.

### STEWARDSHIP - TREASURE

#### GENERAL COLLECTION

<b>Weekly Goal</b>	\$ 11,000.00
Nov 4 .....	\$ 11,388.00
Nov 11 .....	\$ 9,958.00
Nov 18 .....	\$ 9,267.00
Nov 25 .....	\$ 10,090.00
<b>YEAR-TO-DATE</b>	\$ <b>227,190.00</b>
Goal-to-Date (22 Weeks)	\$ 242,000.00
% of Goal Collected	<b>93.88 %</b>
<b>Annual Goal</b>	\$ 572,000.00

#### SPECIAL COLLECTIONS

Thanksgiving Day .....	\$ 1,492.00
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*Good stewards know that they are accountable to God for all they have and are, and they strive to live in readiness for His coming.*

## PREPARING FOR THE ULTIMATE GIFT

this week, the first Sunday of advent...

### THE GIFT OF HOPE

#### **IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY**

VIGIL MASS — FRIDAY DECEMBER 7, 7:00 PM

HOLY DAY MASS — SATURDAY, DECEMBER 8, 8:30 AM

#### **READINGS FOR THE WEEK**

Mon: St. Francis Xavier: Is 4:2-6; Mt 8:5-11

Tue: Is 11:1-10; Lk 10:21-24

Wed: Is 25:6-10; Mt 15:29-37

Thu: Is 26:1-6; Mt 7:21,24-27

Fri: St. Ambrose: Is 29:17-24; Mt 9:27-31

Sat: Immaculate Conception of the Blessed Virgin Mary:  
Gn 3:9-15,20; Eph 1:3-6,11-12; Lk 1:26-38

Sun: Second Sunday of Advent:

Is 11:1-10; Rom 15:4-9; Mt 3:1-12



#### **Questions of the Week:**

For All: What is one thing you can do during this first week of Advent to prepare for the coming of Christ - the Ultimate Gift?

#### **MASS INTENTIONS**

Mon: Jason Murphy -Int.; Michael G. Hickey -Int.  
Dennis Valdez -Int.

Tue: Salvador Romo Mercado -Int.

Wed: John Hickey -Int.

Thu: Thomas Massey + ; Carmelita Punsalan +  
Lourdes Chan +

Fri: Dorothy Sweeney +; Leo Zurn +  
Dominican Sisters of San Rafael -Int.

Sat: 8:30 am Mass Benjamin Chan +  
4:30 pm Mass Carmelita Punsalan +  
Jose Punsalan +

Sun: 7:30 am Mass John Dee +  
6:00 pm Mass Pro Populo



#### **PRAYER CORNER**

Please remember in your prayers:

Mary Avila, Richard Blanco, Elisa Bulhoes, Bernard Burke, Bob Cleveland, Marie Crane, Darren Crose, Julie Desrochers, John Dooney, Jennifer Ford, Olivia Garcia, Ralph Gingrich, Bob Gokey, Robert Gonzaga, Jason Hayes, Nancy Hayes, Stanley Hayes, Michele Hock, Kathleen Johnson, Phyllis Johnson, Bill Keenan, Jonnie Kuennen, Karen Lewis, Donald Maguire, Maria Mamaog, Maria Martinez, Earl Mattingly, Luke McCord, Mike McCord, McElvy Family, Dean McGinty, June McMaught, Rigoberto Mendoza, Jenine Michilena, Xochitl Montano, Mariah Morris, Jason Murphy, Elliott Jerome Neal, Andy Ngo, Scott Ngo, Cora Orzol, LeeAnn Parrott, Maryanne Pelzel, Gilbert Perron, Tom Poeschl, Sr. Mary Porter, Christine Regan, Raymond Remick, Suzanne Rose, Nikelle Schafer, Katherine Schottgen, Diane & Mike Smith, Marylyn Smith, Lisa Stamps, Jardee Stanley, Jo Ster, Laura & Paul Studer, Simon Sucharski, Clement Sweeney, Maureena Sutton, Elise Taylor, I. Thompson, Larry Thompson, X. Thompson, Jovita Vargar, Jean Villanueva, Emily Walsh, Marvin Webster, Robert Westbrook, Sharel Wilson



*Holy Family School*

**Holy Family School** students are preparing for the great feast of Christmas by participating in a variety of Advent observances and an array of service projects. This week, students will enjoy a Student Council-sponsored Winter Wonderland Free Dress Day (for a minimum \$1 contribution) on Wednesday to raise funds to help defray the four-figure cost of postage to send the Santa Bags and Christmas Stockings to troops in Iraq. On Friday, December 7, all grades will attend a Prayer Service at 10 a.m. to learn the story of the Jesse Tree, and on Friday, December 14, they will prepare and present the traditional Stocking Mass. This most impressive Liturgy features every child presenting a filled Christmas Stocking and every faculty and staff member giving a layette-filled diaper bag during the Offertory Procession. Finally, at 10a.m. on Friday, December 21, the school community will celebrate their final Liturgy of 2007, and the Class of 2008 will enact The Star as the homily of the day. Please join us for as many of these activities as your schedule allows!

#### **THANKSGIVING THANK YOU FROM THE CATHOLIC LADIES RELIEF SOCIETY**

We want to Thank Holy Family School, Sister Arlene and the teachers and children who helped organize it for their canned goods drive at Thanksgiving.

We also want to thank all the parishioners who donated.

Because of all the generous support we were able to help 146 families.



~ HOLIDAY CRAB FEED ~

5TH ANNUAL

**HOLY FAMILY CATHOLIC SCHOOL**



— 6 DAYS LEFT 'TIL THE HFS CRAB FEED! —

Date: Saturday, December 8, 2007

Time: 6:00 pm – 11:30 pm (doors open at 5:30 pm)

Place: Holy Family Community Center  
7817 Old Auburn Road, Citrus Heights

Now \$40.00 per person

• Dinner/Dance • No Host Bar • Crab, Fettuccini Alfredo,  
Salad, Salami & Cheese, Bread, Coffee & Tea

Door Prizes, Silent Auction, & Raffle Prizes – Must be 21  
“Complete Music” by Greg Suggs until 11:30 p.m.

Contact Chairpersons: Kathryn Peterson (916) 725-0990 or  
Charlotte Johnson (916) 632-1068 for tickets.

**For your convenience, there are HFS Crab Feed ticket forms with attached addressed envelopes in the chapel side entrances to the church. Drop off the crab feed ticket form with your check(s) or mail it to the school. Your tickets will be held at the reception table in the lobby of the Community Center the night of the crab feed.**

## YOUTH MINISTRY

### **SANDWICH DRIVE THANK YOU!**

Thank you so much to all those who donated items to the Sandwich Drive the day after Thanksgiving! Your generosity enabled us to make over 300 bagged lunches! Thanks, too, to all the volunteers- what an awesome turnout!

### **WARM HANDS, WARM HEARTS**

As we begin Advent this weekend, so begins the CYM blanket and warm clothing drive. Each family is asked to donate a blanket, or sleeping bag which will be distributed to the homeless on the day after Christmas. We are also accepting stocking hats, gloves, sweats, and socks. Please consider sharing the gift of warmth during this cold winter season of giving! These items can be placed in the red tubs in the sanctuary area.

### **CYM RUMMAGE SALE**

We are in need of items (clean and in working order) for our youth ministry rummage sale which will be held at Holy Family on Saturday, Dec. 15th from 7am-5pm. Please call 721-8329 or email holyfamilycym@yahoo.com if you have donations. There will be a drop-off time next Sunday, Dec. 9th after all the masses behind the kitchen of the community center. Thanks in advance for your generosity!

### **CELEBRATING NEW YEAR'S EVE AT HOLY FAMILY**

On New Year's Eve, we are getting together for a Thanksgiving Liturgy in the Church (Te Deum) at 8:30 p.m., followed by a Gala Dinner and Dance in Holy Family Community Center. The contribution is \$25.00 per person and includes dinner. Reservations are encouraged. To get tickets, please get in touch with Dina or Ruben Moreno 916- 481-2963,

### **DECEMBER 12TH:**

#### **LET'S CELEBRATE "OUR LADY OF GUADALUPE"**

Everyone is invited to the traditional celebration of "Our Lady of Guadalupe" on Wednesday December 12th. At 5:30 am (early morning) we'll have "Las Mañanitas" - songs to salute the Virgin, also know as "The Empress of the Americas". In the evening, a Bilingual Mass will be offer at 6:00 pm. If you are interested in helping or volunteering for this celebration, please contact Angelita Carrillo 285-6715, or Lupita Wandry 489-3673.

## WOMEN'S COUNCIL NEWS

**Our Annual Christmas Boutique is**

**— TODAY —**

**Sunday, December 2, 2007**

**8:00 am to 4:00 pm**

**in the Fine Arts Building.**

**Come by for great fun and unique gifts!**

### **COME CELEBRATE WITH FR. JOHN!**

All parishioners are cordially invited to celebrate with me the **Thirty-Fifth anniversary of my ordination to the priesthood** on Sunday, December 16th at the 12:30 pm Mass. Please join me in thanking God for this vocation and in praying for all the people who have supported me in answering the call.

Fr. John Sullivan

### **ADVENT DAY OF RECOLLECTION**

Dear Parishioners, Dominican Laity would like to invite you to join us for an Advent Day of Recollection on December 8, 2007, from 10:00 am to 3:00 pm. Mass will be celebrated. Fr. Brendan McAnerny will be the retreat master. The retreat will be held in St. Mary Hall of the Community Center. If you have any questions, please call Phyllis Sale at 725-5358.

### **GET THE WORD!**

It is a truly wonderful experience to hear the Word of God proclaimed at Mass, and the experience can be so richly enhanced when we read the scriptures ahead of time, take a little time to reflect on what we've read and come to Mass with a personal interest in the gift of the Word we are about to receive. The new church year is now here, and the Holy Family Liturgy Council encourages all parishioners to utilize one of the many great resources for upcoming lectionary readings.

### **ROOMS FOR RENT**

A local resident has two bedrooms for rent within the parish – please call Kimberly Morcan at 276-1498 for more information.

**FLOWER COMMITTEE:** We would like to express our gratitude to all the parishioners who have generously contributed flowers to our church and chapel during the months of October and November, especially from weddings, funerals, and other church celebrations. God bless you! During Advent we avoid placing flowers in the church, except for special feast days such as December 8th (Immaculate Conception) and December 12th (Our Lady of Guadalupe), but we do display flowers in the chapel. We would appreciate it if you would hold off on bringing any poinsettias to the church until December 22nd. Thanks!

### **PRO-LIFE MASS HOLY FAMILY DECEMBER 7th 8:30AM**

Please join us for the first Friday monthly Pro-Life Mass at 8:30AM. Bring family and friends to this Mass which promotes the sacredness of Human Life. I also want to invite you to spend an hour with our precious Lord in the Blessed Sacrament immediately following the Mass; we will recite the Pro-life rosary at the beginning of the hour. For further info please call Sally Fisher @ 780-5305

A quote from Blessed Mother Teresa of Calcutta: "Any country that accepts abortion is not teaching its people to love, but to use any violence to get what they want. This is why the greatest destroyer of love and peace is abortion."

# Prayer Opportunities

## **WORLD APOSTOLATE OF FATIMA:**

Pope Benedict XVI has elevated the World Apostolate of Fatima (The Blue Army.) It is now officially associated with the Pontifical Council for the Laity in Rome. We are happy to offer these prayers here at Holy Family. All are welcome to join us Mondays after the 8:30 am Mass in St. Mary Hall. For information, please call Phyllis, 725-0218 or Phyllis, 725-5358.

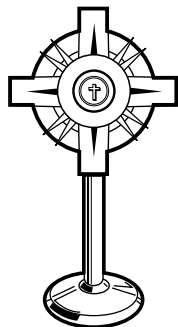
## **VOCATIONS CROSS**



Each week a parish family is presented with the Vocations Cross to take home for the week and asked to pray daily for an increase in vocations to the priesthood and religious life. The next Sunday, the family returns the cross and another family is presented the cross to pray for vocations. If you are interested in taking the Vocation Cross home, please contact Young Stewart at 332-8732.

## **EUCCHARISTIC ADORATION:**

Jesus stays with us day and night in the Blessed Sacrament, blessing us with the grace that encourages us, consoles us, strengthens us, guides us and inspires us to place our trust in Him. We stay with the Real Presence of Jesus in Eucharistic Adoration to be more personally involved with Him and to keep the Eucharist central in our lives. Spending time with Jesus in the Eucharist enables us to build a truly personal relationship with Him. Come into His presence in our beautiful chapel - He is looking forward to your visit!



## **BLESSED SACRAMENT CHAPEL VISITING HOURS:**

Monday – Friday	9:00 am – 9:00 pm
Saturday	9:00 am – 3:30 pm
Sunday	1:30 pm – 5:00 pm

Also in the chapel: Each day at 9:00 am a community Rosary and Chaplet of Mercy are prayed, and at 3:00 pm the Chaplet of Mercy is prayed.

## **DOMINICAN LAITY AT HOLY FAMILY**

The Dominican Laity meets here at Holy Family on the first Sunday of every month in St. Mary Hall from 1–3 pm. Come and join us in a way of life of prayer, both private and liturgical, the study of the sacred truth, the sharing of our spiritual life with others in the community, and in our apostolic outreach. For further information call Phyllis Sale at 725-5358.



Dear Parishioners,

Bishop Weigand has provided copies of the new brochure entitled "Cremation and the Catholic Church." The brochure was published by the Department of Cemeteries and it reflects the Church's position regarding cremation and the proper order of events as stated in the Order of Christian Funerals.

The Diocese has enlisted the support of mortuaries within the Diocese, and it is not surprising that most of them support the Church's position regarding cremation in the Liturgical Services and the accepted disposition of cremated remains.

Please find these brochures at the various exits of the church. There was an advertisement in the November 17th issue of The Catholic Herald which you may have seen.

After the first of the year, several meetings will be held with mortuaries throughout the Diocese in order to reinforce and confirm their understanding of the Church's desired course of actions and events. Your support and understanding of this important part of the church life, death and resurrection is much appreciated. God bless.

Fr. Kiernan

## **SIMBANG GABI**

Novena Masses in preparation for Christmas  
December 15-23, 2007

The Filipino-American Community has organized for everyone to gather together in festive celebration of the Eucharist and agape (fraternal snack).

Mass schedules:

Saturday,	December 15,	7:00 pm
Sunday,	December 16,	4:30 pm
Monday,	December 17,	7:00 pm
Tuesday,	December 18,	5:30 pm
Wednesday,	December 19,	7:00 pm
Thursday,	December 20,	7:00 pm
Friday,	December 21,	7:00 pm
Saturday,	December 22,	7:00 pm
Sunday,	December 23,	4:30 pm

For more information, please contact the Parish Office at 723-2494.

## **GIVING THE GIFT OF LIFE - PLAN AHEAD!**

The following dates are confirmed for our 2008 blood drives:

- Sunday, February 3, 2008 - Round Table Coupon
- Sunday, May 4, 2008 - Memorial Day T-Shirts
- Sunday, August 5, 2008 - Baskin-Robbins Coupons
- Sunday, November 2, 2008 - To be determined...

Any questions or for more information, please call Larry Larsen at 961-1036 (evenings).

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# NEWS FROM AROUND THE DIOCESE AND BEYOND

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## **WELLSPRING CHRISTMAS STORE**

Wellspring Women's Center will once again host its 2007 Christmas Store at a new location (St. Paul's Missionary Baptist Church at 4020 12th Ave.-original church). We have increased to over 550 families and anticipate serving more this year. Needed are new unwrapped gifts so our mothers can choose for their family. Suggestions, but not limited, are: sleeping bags, blankets, hats/gloves, hand held games, and gift certificates to Safeway, Target, McDonalds, etc.

Please drop off gifts before Dec. 10th to Wellspring Women's Center at 3414 4th Ave. Drop off gifts at St. Paul's Church from Dec. 10th-18th. Also needed: Volunteers to help set up the store/shop with guests. If you can give a morning/afternoon between Dec. 10-21st, call 454-9688 Ex. 205 to help or to arrange a pick up of gifts if needed.

## **ENCOUNTERING LIFE ALONE**

The "Beginning Experience of Sacramento" support group is offering its "Encountering Life Alone" program of healing, hope and encouragement for divorced, separated or widowed persons of all faiths. This 10 week program starts on December 6th at St. Michael's Episcopal Church, 2140 Mission Ave., Carmichael. The meetings are held from 7:00-9:00 P.M. There is a onetime registration fee of \$10.00 and a \$5.00 weekly fee. For more information please call 835-2282 or visit our website at: [www.sacramentobe.org](http://www.sacramentobe.org).

## **NEW MUSIC PROGRAM AT CRISTO REY**

Cristo Rey High School, in its second year, is beginning a music program for its students. We are seeking donations of guitars, stands, or any musical instruments. Call for more info or pick-up and TAX ID information. Contact Elsa or Jade @ Cristo Rey High School, 733-2660.

## **FEAST OF THE HOLY INNOCENTS CANDLELIGHT ROSARY PROCESSION AND MASS: FRIDAY, DECEMBER 28.**

Meet at the Cathedral (11th & K) at 5:45 p.m. and walk in procession to Our Lady of Guadalupe Church (7th & T) for Mass at 7:00 p.m. This annual March for Life commemorates those male infants of Bethlehem who were killed by decree of King Herod, as well as those innocent unborn babies killed by abortion today. Candles will be provided. Bring umbrellas if needed. Carpool shuttles will return people to their cars. Info: call Carol 916-791-1819.

Thank you and God Bless

## **MASS FOR GENERATIONAL HEALING:**

On Friday, December 14, at 7 pm, there will be a Mass for Generational Healing at Our Lady of the Assumption Church, Carmichael. Many problems within families pass on from one generation to another. Come ask God to provide his healing so those problems no longer are passed on within your family. The presider is Fr. Robert Faricy, SJ. Fr. Faricy is a Jesuit priest with years of experience in healing ministry. The church is located at 5057 Cottage Way (Cottage and Walnut Avenue), Carmichael.

## **BUS TRIP TO SILVER LEGACY, RENO**

The Roseville Knights of Columbus #4540 are sponsoring A Bus Trip to Silver Legacy, Reno on Sunday, December 16th. The cost is \$25 per person-prepaid with approximately \$15 returned at the casino. Checks should be made payable to Knights Of Columbus #4540. Please call Sue or Dave Mirtoni for reservations and details at 782-3242. Please contact me if you have any questions regarding the following activity notice.

## **HOLIDAY CRAFTS**

St. John's School will be hosting their twenty-ninth annual "A Holiday Show of Hands", an arts and crafts Christmas sale featuring custom work by over one hundred fifty craftsmen and artists. Saturday, December 1st, 9-7; Sunday, December 2nd, 9-3. Special features include our Fashion Pavilion and antiques & collectibles in the Antique Cottage. Admission is free. St. John the Evangelist School, 5701 Locust Avenue, Carmichael; 481-8845

## **ADVENT RETREAT**

Invitation open to all DRE's, CRE's, RCIA Coordinators & Catechists. Arrive December 5 at 2:00 pm; depart December 7 at 1:00 pm. Mercy Retreat Center in Auburn. \$175 includes meals, lodging and retreat materials. Join us for prayer, reflection and fellowship. Retreat Director: Rev. Blaise Berg. For more information contact Kathy Wilson at 733-0123.

## **LAY FORMATION INSTITUTE**

Diocese of Sacramento

"Ethical Challenges in Contemporary Culture"  
Professor Stan Dundon, Ph.D.

Diocesan Pastoral Center

Saturday, Dec. 8 8:00 a.m. to 4:00 p.m.

8:00 Mass for Solemnity of the Immaculate Conception  
Bishop Joseph Madera, Celebrant

- Understanding and making sense out of contemporary moral problems
- Framing a proper and logical response to the "hot button" issues
- Becoming aware of what is going on in Biotechnology and Reproductive Technology
- Gaining a better understanding of end of life issues and caring for P. V. S. patients
- An overview of the Theology of the Body and the Dignity of the Human Person
- Catechesis on Moral Absolutes & Morality of Human Acts by Stephen Matuszak, S.T.L.

\$25.00 per person; \$40 per couple; Lunch Included!

To Register Ca1 916-733-0123 OR email:

DEC@diocese-sacramento.org

*(6 hours Towards Renewal of Catechist Certification)*