



February 5, 2006 – Fifth Sunday in Ordinary Time

"Praise the Lord, for he is good; sing praise to our God. . ." Psalm 147:1

† Servant Leader †

GOD'S LOVE AND RELATIONSHIPS

In a world marked by enormous discoveries and intellectual achievements, people must not overlook that the most important thing to know is God and his saving grace, said Pope Benedict XVI.

There are so many things to know and learn in today's information age, but all that knowledge can become "problematic, indeed dangerous, if the fundamental knowledge that gives us meaning and direction" - an awareness of God - is missing.

What makes humans different from beasts and other animals is that they are able to recognize the truth and know that awareness of God will become "a relationship and friendship."

"It is important in this age that we do not forget God" among all the many things there are to know and discover, the Holy Father said.

In his catechesis, the pope commented on Psalm 144 in which the psalmist makes note of the fragility of the body.

The psalmist asks what makes him notice and "take thought of" mortal people who are just "like a breath, like a fleeting shadow, feeble and inconsistent, lost in the flow of time that passes by."

While life may be brief and fleeting, humanity can also experience "the great joy... of knowing our own Creator," the pope said quoting Origen, the third-century Christian theologian.

This is what separates people from animals, that "we know we have a Creator" and that this Creator "bent the heavens" to come down to be with his children.

God descended from heaven with the incarnation of Jesus, and just like the shepherd who carried his lost sheep on his shoulders, Jesus carried on his shoulders the human condition, "our flesh, ourselves."

By becoming man, God became a reality that people could understand and establish "friendship, communion."

While the psalm is about humanity's weaknesses and distance from "divine splendor," in the end it celebrates a surprising discovery that "next-to-us God-Emmanuel, who for the Christian has the loving face of Jesus Christ," the pope said.

In today's bulletin you will find the Introduction to the Holy Father's Encyclical Letter DEUS CARITAS EST addressed by Pope Benedict XVI to "the Bishops, Priests and Deacons, Men and Women Religious and all the Lay Faithful on Christian Love."

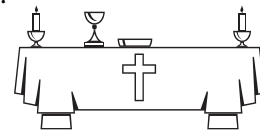
PRO-LIFE MASS FRIDAY, FEBRUARY 10TH AT 8:30 AM:

The next Pro-life Mass at Holy Family will be on the 10th. Please plan on attending this very significant Mass and encourage others that would be interested to attend also. We would ask that you also consider joining us for the recitation of the Pro-life Rosary in our lovely adoration chapel after Mass. Take some time out of your busy week and spend just an hour before the Blessed Sacrament.

First Place in the Respect Life Essay Contest, announced at the Jan. 24th Pro-Life Mass at the Cathedral, was awarded to Katelyn Sills. Excerpts from her first place Essay appear in the current publication of the Catholic Herald (Feb. 4th issue). For further information please call Sally Fisher at 780-5305.

MASS INTENTIONS

Tuesday:	Rodrigo King +
Wednesday:	Justin Bustabade + John Bustabade -Int.
Thursday:	Elva Tinsley +
Friday:	Elva Tinsley + Harold Reeber +
Saturday:	Elva Tinsley + Stephen DePalma + Bishop Joseph DePalma +



READINGS FOR THE WEEK

Mon:	St. Paul Miki and his companions 1 Kgs 8:1-7,9-13; Mk 6:53-56
Tue:	1 Kgs 8:22-23,27-30; Mk 7:1-13
Wed:	1 Kgs 10:1-10; Mk 7:14-23
Thu:	1 Kgs 11:4-13; Mk 7:24-30
Fri:	St. Scholastica: 1 Kgs 11:29-32;12:19; Mk 7:31-37
Sat:	1 Kgs 12:26-32;13:33-34; Mk 8:1-10
Sun:	Sixth Sunday in Ordinary Time Lv 13:1-2,44-46; 1 Cor 10:31-11:1; Mk 1:40-45



PRAYER CORNER

Please remember in your prayers:
Barbie Adorno, Peter Alvarez, Marcel Arnal, Mary Avila, Jack Barca, Cody Bartley, Ray Bechler, Teresa Bennett Smith, Charles Black, Jill Boyd, Rita Crutcher, Diane Cummings, Maria Dixon, Greg & Roni Etzel, Andrew Flores, Roman Fontana, Frances & Leo Girard, Evelyn Gonsalves, Robert Gonzaga, Max Guerra, Charlene Gutierrez, Rick Gutierrez, Stanley Hayes, Maria Mamauog, Maria Martinez, Earl Mattingly, Jenine Michilena, Mary Nekrassoff, Eleanor Obmann, Bud Phelps, Peter Popjevalo, Sr. Mary Porter, Troy Doyle Powers (Father of Fr. Troy Powers), Christine Regan, Zan Rockett, Nikelle Schafer, Charles Schneider, Katherine Schottgen, Theresa Shelly, Phyllis Steele, Jo Ster, Laura & Paul Studer, Clement Sweeney, D. Sweeney, Maureena Sutton, I. Thompson, X. Thompson, Bishop Weigand, Bob Westbrook, Lani Zacherson, Claudette Zompetta

**HOLY FAMILY MOTHER'S MINISTRY
WINTER SESSION BEGINS THIS WEEK!**

Our 9-week journey begins on February 8 at 7:00 pm in the Holy Family Fine Arts Center. Open to Women of ALL ages! Learn the secret to personal fulfillment and hope; Experience the healing power of the Holy Spirit; Deepen your Prayer Life; Meet New Friends. Registration is still open! Meetings will be held on Wednesday evenings - perfect for mothers who work out of the home or for stay-at-home Moms! This is truly a gift to yourself and the entire family. Pick up a brochure and call Jasmin Gonzales 771-3795 or Jessica Lendewig at 988-4969 to register.

**HOLY FAMILY WOMEN'S WEEKEND RETREAT
CHRIST THE KING PASSIONIST RETREAT CENTER**

March 3 - 5, 2006

In the midst of all our hectic activities, we sometimes feel alone. Jesus invited his friends to "come aside and rest with Him." This very same invitation He extends to you! Come, rest and be with Him on this retreat! Your friends and neighbors will be gathering on the weekend of Mar 3-Mar 5, 2006 at Christ the King Retreat Center in Citrus Heights. For reservations call Barbie Meistas at 725-5973 or Chryl Marquez at 723-1468 or the Retreat Center at (916) 725-4720. View the Center at: www.passionist.org/retreats/christtheking.

MIDWEEK RETREATS AT CHRIST THE KING

February 7-9, 2006 and March 21-23, 2006
Retreat theme for this retreat is: "Into Your Hands. . ." Risking, Releasing, Receiving.
We hope everyone will take advantage of the blessings of this retreat experience.
Call Margaret at the Retreat Center at (916) 725-4720 to reserve a space.



**Christ the King
Passionist Retreat Center**

COMPANION NEEDED FOR SENIOR SOUGHT

Holy Family Parishioner Dan Cross is seeking a companion for his mother, Gizella Erickson. Dan is looking for a female, live-in companion who will assist with the cooking and cleaning. Please call 723-5138 for more information.

**OPEN ENROLLMENT AT
HOLY FAMILY SCHOOL - CALL NOW!**

OPEN ENROLLMENT is now in effect at HOLY FAMILY SCHOOL. Please contact Mrs. Price at the school office, 722-7788 if you have any questions.

SPACES FILL QUICKLY AND ARE SERVED ON A FIRST COME-FIRST SERVED BASIS.

Stewardship
~ a way of life ~

BEREAVEMENT MINISTRY:

The Bereavement Ministry is in need of more volunteers (men & women) to help with receptions after funerals and memorial services. If you would like to help with set-up, clean-up, or food preparation, please call the church office at 723-2494 and leave your name and phone number.

SOCIETY OF ST. VINCENT DE PAUL

New SVDP Thrift Store Needs Volunteers: The new St. Vincent de Paul Thrift Store located in Citrus Heights, needs volunteers to help with processing donations, customer service, working with individuals and families in need. The Thrift Store is the pass-through for much of the clothing, appliances and furniture we give to those in need. Store hours are; Monday through Wednesday and Saturday from 9:30 am - 6:00 pm; Thursday and Friday from 9:30 am - 8:00 pm; and Sunday from 11:00 am until 5:00 pm. The store is located at 6105 Sunrise Vista Drive (one and one half blocks east of Sunrise @ Greenback.) For information on how to become involved as a volunteer, please call (916) 729-4077.

STEWARDSHIP - TREASURE	
GENERAL COLLECTION	
Weekly Goal	\$ 10,500.00
Jan 8	\$ 11,372.00
Jan 15	\$ 9,595.00
Jan 22	\$ 10,097.00
Jan 29	\$ 9,826.00
YEAR-TO-DATE	\$ 318,698.00
Goal-to-Date (31 Weeks)	\$ 325,500.00
% of Goal Collected	97.91 %
Annual Goal	\$ 546,000.00
CAPITAL CAMPAIGN COLLECTION	
Weekly Goal	\$ 3,750.00
Jan 8	\$ 2,327.50
Jan 15	\$ 1,000.00
Jan 22	\$ 2,461.50
Jan 29	\$ 698.50
YEAR-TO-DATE	\$ 71,843.84
Goal-to-Date (31 Weeks)	\$ 116,250.00
% of Goal Collected	61.80 %
Annual Goal	\$ 195,000.00
SPECIAL COLLECTION	
Holy Family School	\$ 2,311.50
<i>Like St. Paul in the second reading today, the good steward can say, "I do all that I do for the sake of the Gospel in the hope of sharing in its blessings."</i>	

*Today's
Second Collection*

Holy Family Catholic Church
Legacy



HOLY FAMILY SCHOOL will welcome the Visiting Committee of the Western Association of Schools and Colleges to the campus this Tuesday for their three-day visit. The group has spent the past month studying the Self Study which the faculty and staff prepared during the past eighteen months and will spend the on-site visit verifying the results of the study. From this visit will come the school's renewal of accreditation. All parts of the school community - students, staff, faculty, parents, and friends - look forward to the visit!



YOUTH MINISTRY

TGIF FOR JR. HIGH STUDENTS:

Take 2 of our winter excursion! Our next outing for 7th and 8th graders will be an evening at Skatetown in Roseville on February 10th. We will go to pizza at Mtn. Mikes on Sunrise/Antelope at 6:30 pm and then head over to Skatetown around 7:30. Skate session ends at 10pm. If interested, you must SIGN UP no later than February 3rd by calling 721-8329.



HOOPIN' IT UP - HOLY STYLE!

All High School Youth are invited to the Open Gym Night on second and fourth Thursday evenings of each month at 7 pm in the Community Center. The next two Open Gym nights are this week, February 9th, and Thursday, February 23rd. Bring your game and a friend!



Catholic Faith Formation

TEACHINGS OF OUR CATHOLIC FAITH

Are you interested in a refresher course on our faith? Faith Formation Sessions facilitated by Deacon Mark Holt began last Sunday after the 9:00 am Mass and will continue every Sunday morning until Easter. Deacon Mark will lead the RCIA members further into the beliefs and teachings of our Catholic Faith, and he wishes to extend an invitation to anyone who is interested to join with them in weekly Formation Sessions. The approaching season of Lent gives us an awesome opportunity to refresh and renew our commitment to Our Lord, while expressing our support to the RCIA members as they seek full initiation into the Church. Sessions will be Sunday mornings in the RCIA room at the Community Center from 10:20 - 11:20 am. Please call the Faith Formation Office at 726-7217 if you have any questions.



NEWS FROM THE KNIGHTS



PANCAKE BREAKFAST TODAY!

The Parish pancake breakfast is this morning after the 7:30 and 9:00 am masses hosted by the scouts and prepared by the Knights of Columbus. All proceeds will go to support the scout programs. Please join us for a delicious breakfast and meet your fellow parishioners.

ANNUAL PARISH VALENTINE'S DINNER DANCE

Tickets are available for the annual Parish Valentine's Dinner Dance which will again be hosted by the Knights of Columbus on Saturday, February 11. No host bar will open at 5:30 pm with Dinner at 6:30 and Dancing whenever you are in the mood. Tickets are on sale for \$12 each or a table for 10 for \$100. Get a group of friends together and save money while having fun. You can get tickets at the Pancake breakfast or from Bill Swars, 722-5578 or John Habr, 338-3773.



PARISH BLOOD DRIVE



The Parish blood drive sponsored by the Knights of Columbus will be held on Sunday, February 19th. This is a wonderful opportunity to give the gift of life.

CRISTO REY HIGH SCHOOL OPENING

Cristo Rey High School, Sacramento is now accepting freshman applications for its first class of 100 for the 2006/07 academic year. We provide an affordable Catholic coeducational college preparatory education for low-income families. A special component of the school is the work-study program which engages the business community of Sacramento in empowering highly motivated students with professional skills. Application eligibility requires interested students with families who meet the income eligibility guidelines of the free and reduced federal lunch program and who are at least 14 years old by the fall, 2006.

To secure your place in our incoming freshman class, registration packets will need to be submitted to Sister Kathryn Camacho, SND, no later than March 1, 2006. More information is available by calling the school office at (916) 733-2660 or visit www.cristoreysacramento.org.





NEW HOURS - HELP WANTED!

Blessings and Welcome to Heart Health Month. Not only is it a time for Valentines, February is the month designated to make some HEART HEALTHY changes in your lifestyle. You will find several pieces of literature in the bulletin this week with information on Heart Health classes given by various Mercy Hospitals during the month. Do yourself and your loved ones a favor and take advantage of this information! The following quick tips CAN CHANGE YOUR LIFE:

1. Decrease your intake of fatty foods (FRENCH FRIES, MAYONNAISE, etc.)
2. Decrease the number of cigarettes you smoke each day.
3. Increase your activity - WALK WALK WALK. If you have arthritis or joint replacements try WATER AEROBICS.
4. Know what your regular BLOOD PRESSURE reading is-not just high or low -- KEEP A RECORD to show your physician when you notice steady increases or decreases.
5. KNOW the Signs and Symptoms of a Heart Attack!!! The information could SAVE YOUR LIFE!
6. Take a Heart Healthy education class. See insert in the bulletin.
7. WOMEN! WEAR RED --SUPPORT the fight against heart disease for women of all ages.
8. Share your LOVE, TIME and RESOURCES with others.
9. GIVE THANKS TO THE LORD FOR THE LIFE HE HAS GIVEN YOU- SMILE-LAUGH AND BE JOYFUL!

Interested in making a difference in the health of your parish? Join the Health Ministry Committee as we plan educational programs, fill the needs of the homebound and network with other ministries to promote participation, wellness and safety for our parishioners. No experience is required for this committee. Any RNs in the parish? How about donating some time (8:15 am-1:15 pm) on the 1st Sunday of each month for Blood Pressure screening? Split shifts are welcome. 12 volunteers would mean one Sunday a year!

HOLY FAMILY LITURGY COUNCIL

PARISH MISSION COMING SOON!

As a key part of our celebration of Lent, Holy Family Parish will offer a Mission presented by Fr. Richard Parks. Fr. Parks has shared his spirit-filled, inspiring messages around the world, and we are blessed to have him as our neighbor at Christ the King Retreat Center.

The Mission will feature morning and evening sessions from March 12th through March 17th. More details will be published over the coming weeks including a sneak-peak at the Mission's theme and format. Watch for more news, and plan on joining your parish family for this blessed event!

LITURGY COUNCIL MEETING:

The Holy Family Liturgy Council meeting regularly scheduled for the first Wednesday of the month has been moved to Wednesday, February 8th at 7:00 pm in the Sacristy.

ENCYCLICAL LETTER
DEUS CARITAS EST
OF THE SUPREME PONTIFF
BENEDICT XVI
TO THE BISHOPS
PRIESTS AND DEACONS
MEN AND WOMEN RELIGIOUS
AND ALL THE LAY FAITHFUL
ON CHRISTIAN LOVE

INTRODUCTION

1. "God is love, and he who abides in love abides in God, and God abides in him" (1 Jn 4:16). These words from the First Letter of John express with remarkable clarity the heart of the Christian faith: the Christian image of God and the resulting image of mankind and its destiny. In the same verse, Saint John also offers a kind of summary of the Christian life: "We have come to know and to believe in the love God has for us"

We have come to believe in God's love: in these words the Christian can express the fundamental decision of his life. Being Christian is not the result of an ethical choice or a lofty idea, but the encounter with an event, a person, which gives life a new horizon and a decisive direction. Saint John's Gospel describes that event in these words: "God so loved the world that he gave his only Son, that whoever believes in him should ... have eternal life" (3:16). In acknowledging the centrality of love, Christian faith has retained the core of Israel's faith, while at the same time giving it new depth and breadth. The pious Jew prayed daily the words of the Book of Deuteronomy which expressed the heart of his existence: "Hear, O Israel: the Lord our God is one Lord, and you shall love the Lord your God with all your heart, and with all your soul and with all your might" (6:4-5). Jesus united into a single precept this commandment of love for God and the commandment of love for neighbour found in the Book of Leviticus: "You shall love your neighbour as yourself" (19:18; cf. Mk 12:29-31). Since God has first loved us (cf. 1 Jn 4:10), love is now no longer a mere "command"; it is the response to the gift of love with which God draws near to us.

In a world where the name of God is sometimes associated with vengeance or even a duty of hatred and violence, this message is both timely and significant. For this reason, I wish in my first Encyclical to speak of the love which God lavishes upon us and which we in turn must share with others. That, in essence, is what the two main parts of this Letter are about, and they are profoundly interconnected. The first part is more speculative, since I wanted here—at the beginning of my Pontificate—to clarify some essential facts concerning the love which God mysteriously and gratuitously offers to man, together with the intrinsic link between that Love and the reality of human love. The second part is more concrete, since it treats the ecclesial exercise of the commandment of love of neighbour. The argument has vast implications, but a lengthy treatment would go beyond the scope of the present Encyclical. I wish to emphasize some basic elements, so as to call forth in the world renewed energy and commitment in the human response to God's love.

NEWS FROM AROUND THE DIOCESE - AND BEYOND

EXPLORE AFRICA!

Explore Africa with the Sacramento Africa Initiative Group. Visit Nigeria and Ghana for 15 days in the summer of 2006 (July 23rd - August 6th). Observe first-hand the opportunities and issues facing Africa today. Cost = \$ 3,300 per person (double occupancy). For more details, contact Charlene Harris at (916) 733-0160; Charlene har@msn.com or Phyllis Johnson at (916) 729-8110; lilpi@surewest.net.

NEW YEAR! NEW STORE LOCATION! NEW HOURS:

Effective January 1, 2006, the St. Vincent de Paul Thrift Store will be open extended hours on Thursdays and Fridays until 8:00 P.M.! Store hours are; Monday through Wednesday and Saturday from 9:30 am - 6:00 pm; Thursday and Friday from 9:30 am - 8:00 pm; and, Sunday from 11 :00 am until 5:00 pm. The store is located at 6105 Sunrise Vista Drive (one and one-half blocks east of Sunrise @ Greenback.) For information or to arrange for a donation pick-up in your area, please call (916) 729-4077.

BISHOP TO RENEW COUPLES' MARRIAGE VOWS FEBRUARY 12TH IN THE CATHEDRAL

Bishop William K. Weigand will preside at Mass on Sunday, February 12 at 11:00 a.m. at the Cathedral of the Blessed Sacrament, 1017 11th St, Sacramento, in which couples married in the Church will renew their vows. An informal reception will follow for couples & their families sponsored by Marriage Encounter. Any couple interested in attending this special occasion is asked to register (names & anniversary year) with the Department of Catholic Faith Formation and call Claudia at 916-733-0138.

FILM PREMIERE THE PASSION OF BERNADETTE

The National Premiere of the film Passion of Bernadette-the true story of the life of St. Bernadette after the Blessed Mother appeared to her- will be on February 11th, the Feast of Our Lady of Lourdes at St. Mel's Doheny Hall, 4745 Pennsylvania Ave., Fair Oaks, at 7 PM on Saturday 2/11. We are participating in the nationwide release of this film by Ignatius Press. Directed by the acclaimed French filmmaker Jean Delannoy and starring Sydney Penny, The Passion of Bernadette is an accurate and spiritually uplifting portrayal of Bernadette's life in the convent - the life that made her a saint. This is a sequel to the film Bernadette, which is shown daily at the Lourdes shrine. The suggested admission donation is \$3 per person or \$12 maximum per family (collected at the event) and proceeds benefit the St. Mel's Conference of the St. Vincent de Paul Society. For more information call Doug Crumley, Jr. at 638-4600.

SACRAMENTO CURSILLO MEN'S 3-DAY WEEKEND

Sacramento Cursillo in English will have a men's 3-day weekend March 2 - 5, 2006. Cursillo is a "short course in Christianity." Join us for fellowship and to learn more about God's plan for you. For more information & applications, call Wendy Raemaeker, TEL: 916-972-1794, or visit www.sacramentocursillo.org.

NEWS FOR CATHOLIC SINGLES

CATHOLIC SINGLES SURF CAMP IN HAWAII: FEB 16-18

Catholic Single Adults throughout the United States are invited to a special Surf Camp in Waikiki, Hawaii, for the President's Day Weekend, Feb. 16-18. The Surf Camp will be divided into two groups: Ages 18-30 and a 31+ group. Space is limited. Fare will include Surf Lessons from Surf School U.S.A. during the day, dinner and dancing at Pipeline Café, Hawaiian Night Show & Luau at the Polynesian Cultural Center with the best seats in the house, all meals and snacks in between activities plus a Surf Camp T-shirt. Transportation and accommodations are extra. To sign up or for more information, e-mail Bernie at Bernie@surfschoolusa.com or call (949) 230-2271. Mention the Catholic Singles Network for special rates.

SINGLE ADULT MASS FEBRUARY 25

At the Cathedral of the Blessed Sacrament 1017 11th Street, Sacramento on Saturday, February 25, 2006, at 5:00 pm Sponsored by the Catholic Diocese of Sacramento Single Adult Ministry, Rector Fr. Jim Murphy will host and celebrate Mass at the Cathedral of the Blessed Sacrament. All Never-Married, Separated, Divorced and Widowed Adults are welcome to join other single persons in fellowship and worship. The Mass will be followed by an informal social. To register or for more information, you may contact John Rieschick at (916) 733-0133.

SINGLE CATHOLIC ADULTS MEET & MINGLE

A 'Meet & Mingle' gathering will be held Sunday, February 12th, 5:00 pm at Coco's, 1830 Arden Way, Sacramento. Call the Catholic Alumni Club hotline: (916) 962-6107 or visit our website at www.cacsacramento.org

NEED MARRIAGE HELP?

For preparation and getting off to the right start -

Engaged Encounter (E.E.): Mar.17 -19.

For improvement and enhancement -

Marriage Encounter (M.E.): Feb.10-12. (See below.)

For troubled marriages and renewal-

Retrouvaille: Feb. 10-12.

For further information on any of these programs held in Sacramento, CA, please contact:

Engaged Encounter at -

www.sacee.com or Matt & Laura Pipitone at 916-772-0970

Marriage Encounter at -

srsregistrar@comcast.net or Raul & Gayla Ponce at 866-825-2046

Retrouvaille at -

www.retrouvaille.org or Sacramento@RetroCa.com, or Fred & Barbara at 800-283-5952.